

SUNNY SAFARIS

SUNNY  **SAFARIS**
TANZANIA



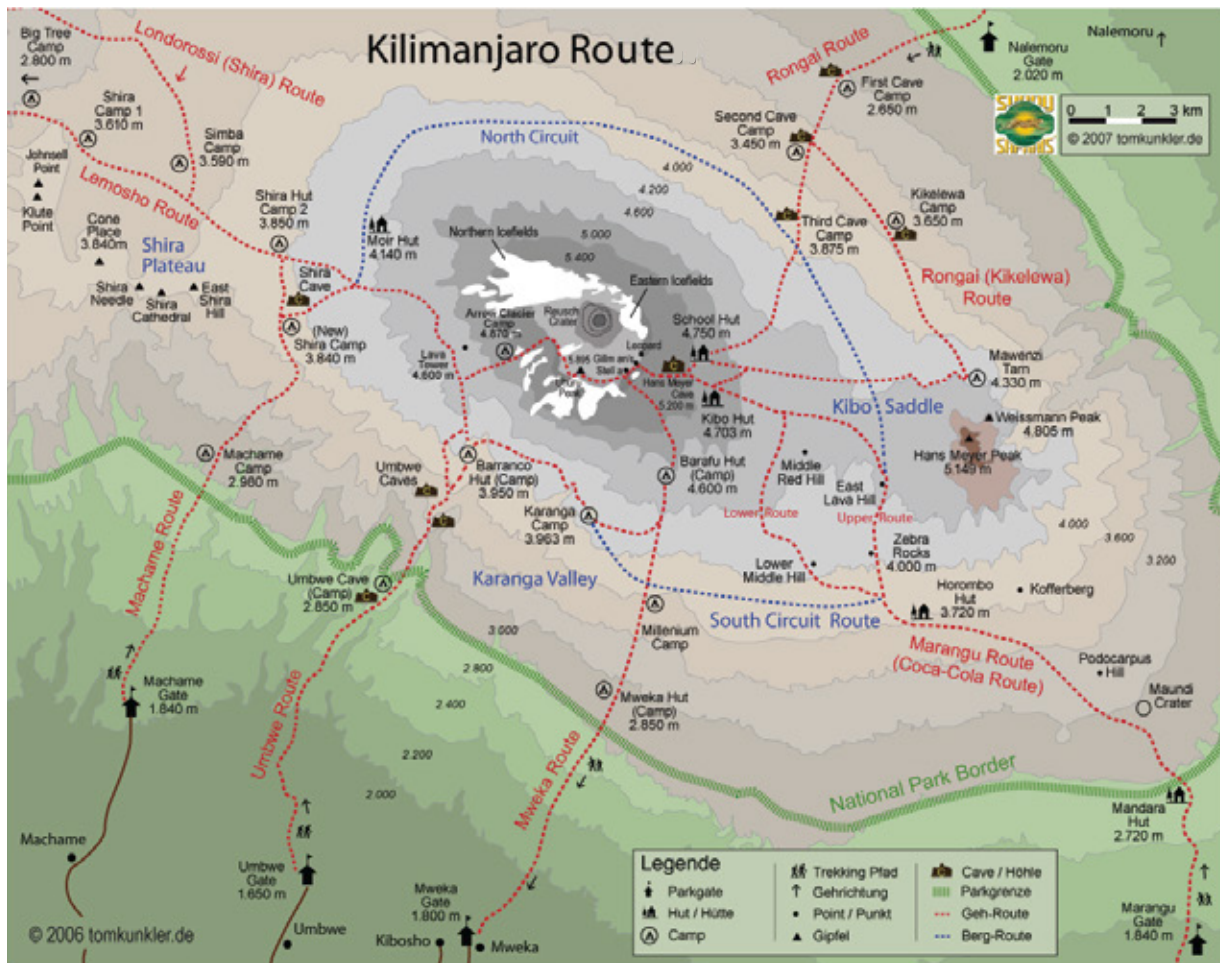
MOUNTAIN GEAR

	Weight: 1490 G Pack Size: 42 x 15 cm Material Outer Tent: 40D Polyamid Ripstop 240T, bothside siliconized, 3.000 mm Material Inner Tent: 30D Polyester Ripstop 285T Material Tent Floor: 40D Polyamid Ripstop 240T, laminated, 10.000 mm Linkage: Al 7001 T6; Featherlite 9mm Total Weight: 1490,00 Model: 15767400
	Lightweight aluminium furniture for Mountain or Safari use. We carry the most wanted types and sizes.
	Proven on tracks and trails around the world, PS 490 dry bags are versatile and durable. Made with one of ORTLIEB' s strongest heavy-duty fabrics, they can withstand just about anything.
	Make your drinking water safe! We are the exclusive Tanzania importer for the world leading water filter manufacturer KATADYN. We carry a nice selection of the most wanted mountain filter systems.
	QUALITY FOUR SEASONS SLEEPING BAG FOR HIGHER ALTITUDE.
	FIRST AID KIT, OXYGEN CYLINDER ARE PROVIDED IN THE GROUP OF MORE THAN 10 PERSONS.

HANS MEYER
CONQUERED MOUNT KILIMANJARO
CLIMB ON 1889



ROUTE MAPS



PARK HEADQUARTERS ALTITUDE 1970 M/6400 FT AMSL KILIMANJARO NATIONAL PARK MARANGU ROUTE.			
PLACES.	E.T.A.	ALTITUDE.	VEG.ZONE.
MANDARA	3HRS	2700M	FOREST
HOROMBO	5HRS	3720M	MOORLAND
KIBO	5HRS	4703M	ALPINE DESERT
GILMANS	5HRS	5685M	ALPINE DESERT
UHURU PEAK	1½HRS	5895M	ICE CAP



VIEW FROM THE CAMP



TRANSFERS



MARANGU REGISTRATION OFFICE



WEIGHING SCALE AT THE MOUNTAIN BASE
CONFIRMATION OF WEIGHING LUGGAGE FOR POTTERS TO CARRY



CREW GUIDES



CREW POTTERS

MARANGU ROUTE CLIMB

4 NIGHTS / 5 DAYS

ITINERARY

- STAGE 1

ARUSHA – MARANGU – MANDARA.

DRIVE 2 HRS, TREK 7 KM, 4 -5 HRS, ASCENT 720M, ALT: 2,700M

DINNER AND OVERNIGHT MANDARA HUT

- STAGE 2

MANDARA – HOROMBO

TREK: 11KM, 5-7HRS, ASCENT 1020M, ALT 3,720M

DINNER AND OVERNIGHT HOROMBO HUT

- STAGE 3

HOROMBO – KIBO

TREK 10KM, 5 -7HRS, ASCENT 1106 ALT: 4,826

DINNER AND OVERNIGHT KIBO HUT

- STAGE 4A KIBO –

“UHURU PEAK”

TREK: 6KM, 7-8 AND HALF HRS, ASCENT 1070, ALT 5,896.

- STAGE 4B

“UHURU PEAK” - HOROMBO

TREK 16KM, 4-6HRS, DESCENT 2176, ALT 3,720M

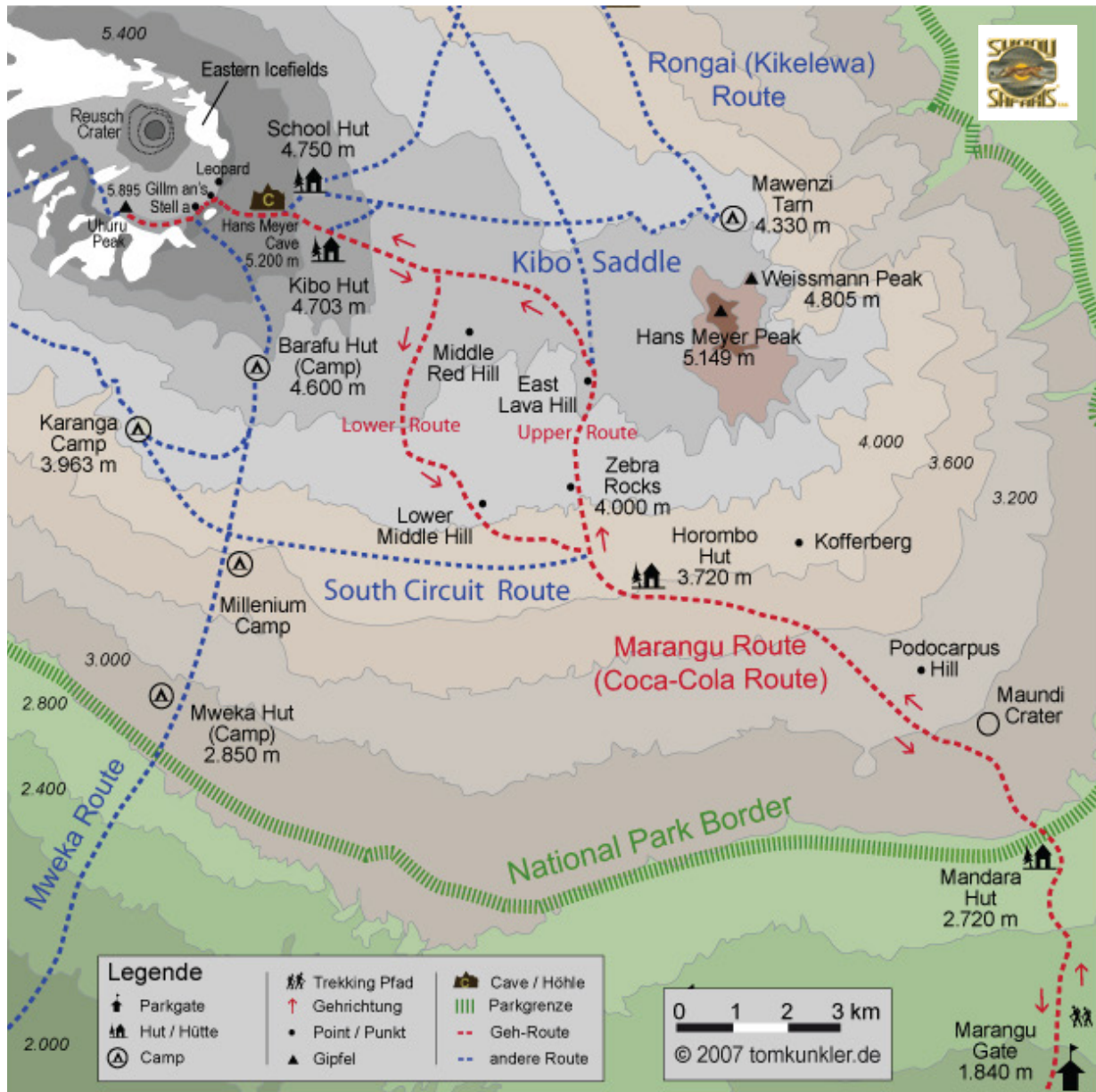
DINNER AND OVERNIGHT HOROMBO HUT

- STAGE 5

HOROMBO – MARANGU – ARUSHA.

TREK, 18KM, 3-5HRS, DESCEND 1740, DRIVE 2 HRS

MARANGU ROUTE MAP





MARANGU ROUTE / DINING HUT



MARANGU ROUTE / HOROMBO HUTS



MAWENZI

MACHAME ROUTE CLIMB

5 NIGHTS / 6 DAYS

ITINERARY

- STAGE 1

ARUSHA - MACHAME VILLAGE - MACHAME
DRIVE 2HRS, 10 KM, 5 - 7 HRS, 1200M ASCENT, ALT 3000M.
DINNER / OVERNIGHT MACHAME CAMP

- STAGE 2

MACHAME - SHIRA CAMP
6KM, 5 - 7 HRS, 840M ASCENT ALT 3840M.
DINNER / OVERNIGHT SHIRA CAMP.

- STAGE 3

SHIRA CAMP - BARRANCO CAMP
10KM, 5 - 7 HRS, 110M ASCENT, ALT 3950M.
DINNER / OVERNIGHT BARRANCO CAMP.

- STAGE 4

BARRANCO CAMP - BARAFU CAMP
9 KM, 8 - 9 HRS, 650M ASCENT, ALT 4600M.
DINNER / OVERNIGHT BARAFU CAMP.

- STAGE 5A

BARAFU CAMP - "UHURU PEAK"
5 KM, 6 - 7 HRS, 1296M ASCENT, ALT 5896M.

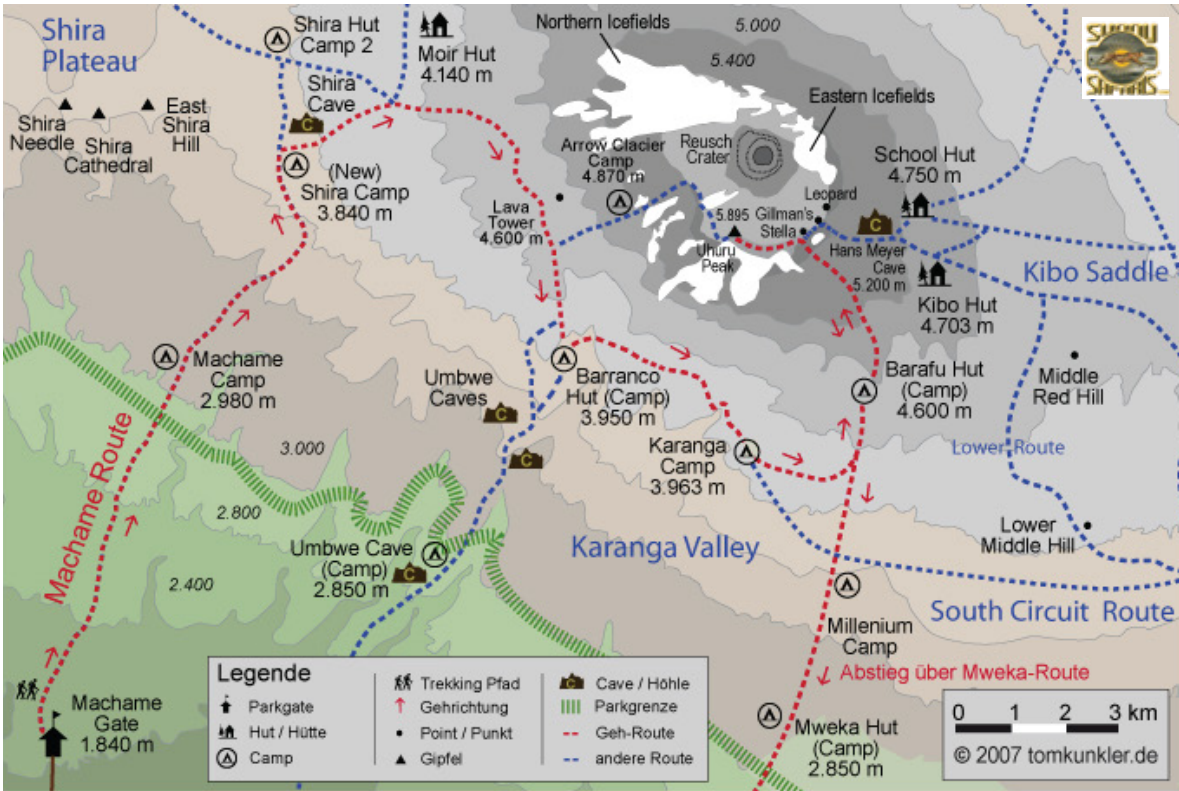
- STAGE 5B

"UHURU PEAK" - MWEKA CAMP
12KM, 5 - 7 HRS, 2800M DESCENT, ALT 3096M.
DINNER / OVERNIGHT MWEKA CAMP.

- STAGE 6

MWEKA CAMP - MWEKA VILLAGE - ARUSHA.
DESCEND: 10 KM, 3 - 4 HRS, ALT 1600M. DRIVE 2 HRS.

MACHAME ROUTE MAP





MACHAME DINING INSIDE TENT



MACHAME / KARANGA CAMP



MACHAME / ACCLIMATIZATION LAVA TOWER



MACHAME / LAVA TOWER

RONGAI ROUTE CLIMB

5 NIGHTS / 6 DAYS

ITINERARY

- STAGE 1

ARUSHA – RONGAI VILLAGE – RONGAI GATET
DRIVE 6 HOURS, 10 KMS, 3 – 4 HOURS 17:00 ASCEND,
ALT 2700M
DINNER / OVERNIGHT CAVE ONE CAMP.

- STAGE 2

SIMBA CAMP – CAVE TWO
4 KMS 3 – 4 HOURS ALT 3700M
DINNER / OVERNIGHT CAVE TWO CAMP.

- STAGE 3

CAVE TWO – MAWENZI TARN HUT
12 KMS 6 – 7 HOURS ALT 4300M
DINNER / OVERNIGHT MAWENZI HUT CAMP.

- STAGE 4

MAWENZI TARN HUT – SCHOOL HUT
9 KMS 6 – 7 HOURS ALT 4750M
DINNER / OVERNIGHT SCHOOL HUT CAMP.

- STAGE 5A

SCHOOL HUT – UHURU PEAK
5 KMS, 6 - 7 HOURS ALT 5895M

- STAGE 5B

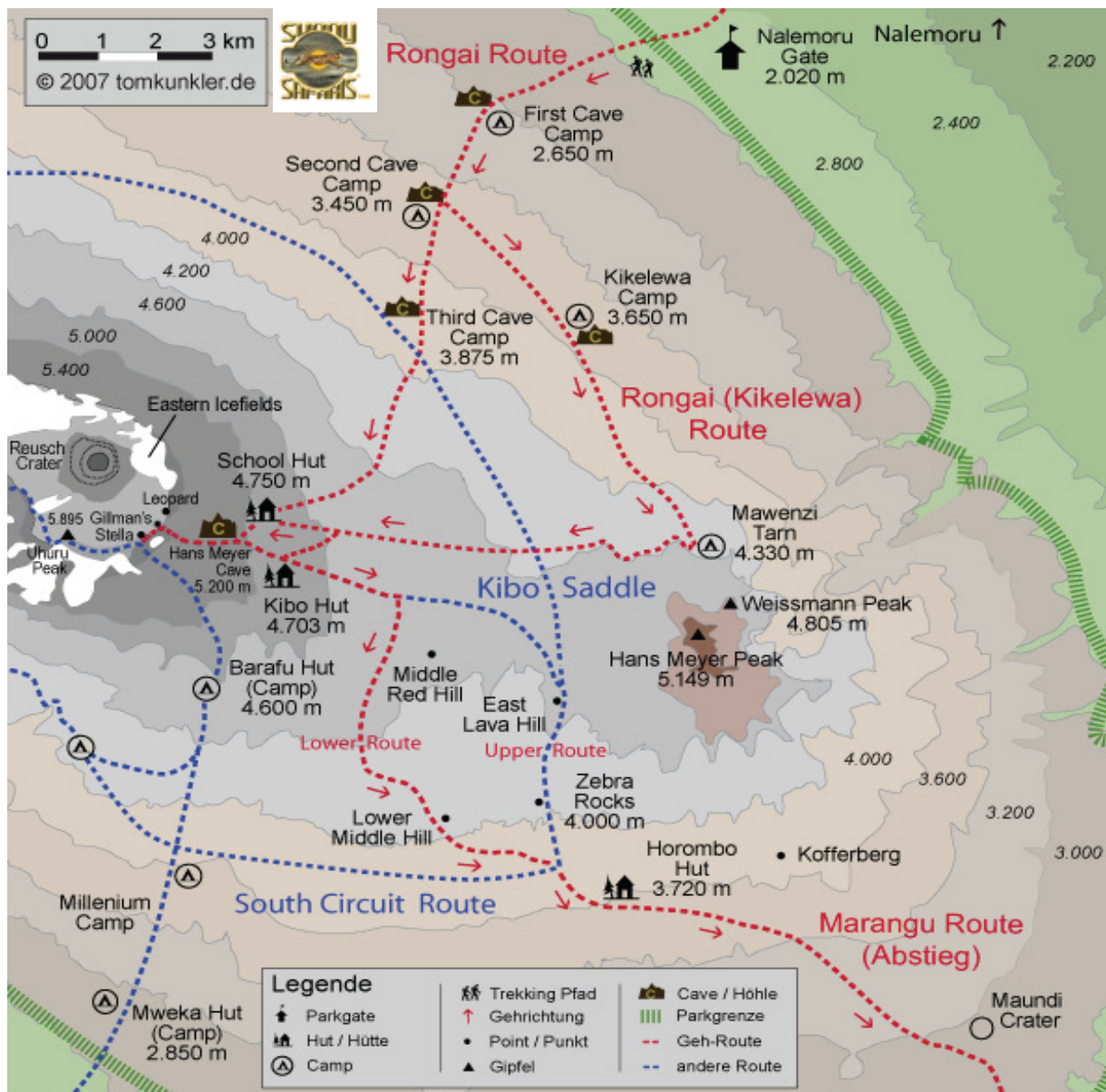
UHURU PEAK – HOROMBO
12 KMS 5 – 7 HOURS ALT 3780M
DINNER / OVERNIGHT (HOROMBO CAMP)

- STAGE 6

HOROMBO – MARANGU VILLAGE – ARUSHA
19 KMS, 7 – 8 HOURS, ALT 1700
DRIVE 2 HOURS TO ARUSHA.

MT KILIMANJARO

RONGAI ROUTE MAP





RONGAI ROUTE / HOROMBO CAMP

LONDOROSI ROUTE CLIMB

5 NIGHTS / 6 DAYS

ITINERARY

- STAGE 1

ARUSHA - WEST KILIMANJARO LONDORISI GATE 2250M
LONDOROSI GATE – MORUM BARRIER, TREK - SHIRA
ONE 3 HRS, 3600M
DINNER/OVERNIGHT SHIRA ONE CAMP

- STAGE 2

SHIRA ONE – SHIRA TWO
3 HRS 3840M TREK
DINNER/OVERNIGHT SHIRA TWO CAMP

- STAGE 3

SHIRA CAMP - BARRANCO CAMP
10KM, 5 - 7 HRS, 110M ASCENT, ALT 3950M.
DINNER / OVERNIGHT BARRANCO CAMP.

- STAGE 4

BARRANCO CAMP - BARAFU CAMP
9 KM, 8 - 9 HRS, 650M ASCENT, ALT 4600M.
DINNER / OVERNIGHT BARAFU CAMP.

- STAGE 5A

BARAFU CAMP - "UHURU PEAK"
5 KM, 6 - 7 HRS, 1296M ASCENT, ALT 5896M.

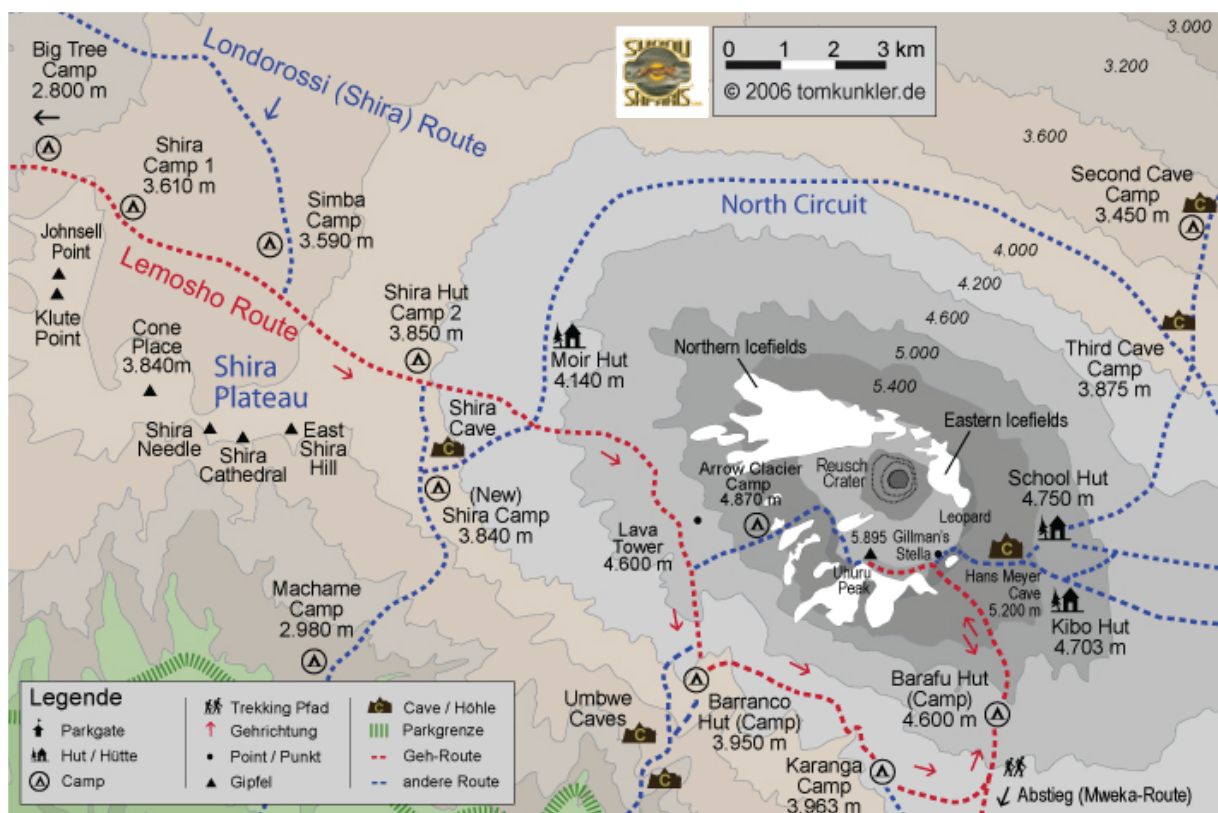
- STAGE 5 (B)

UHURU PEAK – MWEKA CAMP
7 HRS 3100M DESCENT
DINNER/OVERNIGHT MWEKA CAMP

- STAGE 6

MWEKA CAMP – GATE – ARUSHA
3 HRS 1800M DESCENT (MWEKA)

LONDOROSI ROUTE MAP





LONDOROSI ROUTE / SHIRA CAMP



LONDOROSI ROUTE / BARRANCO CAMP

SHIRA LEMOSHO ROUTE CLIMB

5 NIGHTS / 6 DAYS

ITINERARY

- STAGE 1

ARUSHA - WEST KILIMANJARO LONDORISI GATE 2250M,
TO PAY ALL PARK FEES AND TO GET PERMIT FOR
LEMOSHO ROUTE,
RETURN TO LEMOSHO STARTING POINT 2400M, TREK –
BIG TREE
4 HRS, 2650M DINNER/OVERNIGHT FOREST CAMP

- STAGE 2

BIG TREE - SHIRA ONE
5 HRS, 3610M ASCENT
DINNER/OVERNIGHT SHIRA ONE CAMP

- STAGE 3

SHIRA CAMP-BARRANCO CAMP
6 HRS 3950M ASCENT
DINNER/OVERNIGHT BARRANCO CAMP

- STAGE 4

BARRANCO CAMP – BARAFU CAMP
3/4 HRS 4600M ASCENT
DINNER/OVERNIGHT BARAFU CAMP.

- STAGE 5(A)

BARAFU CAMP – SUMMIT “UHURU PEAK”
6 HRS 5895M ASCENT

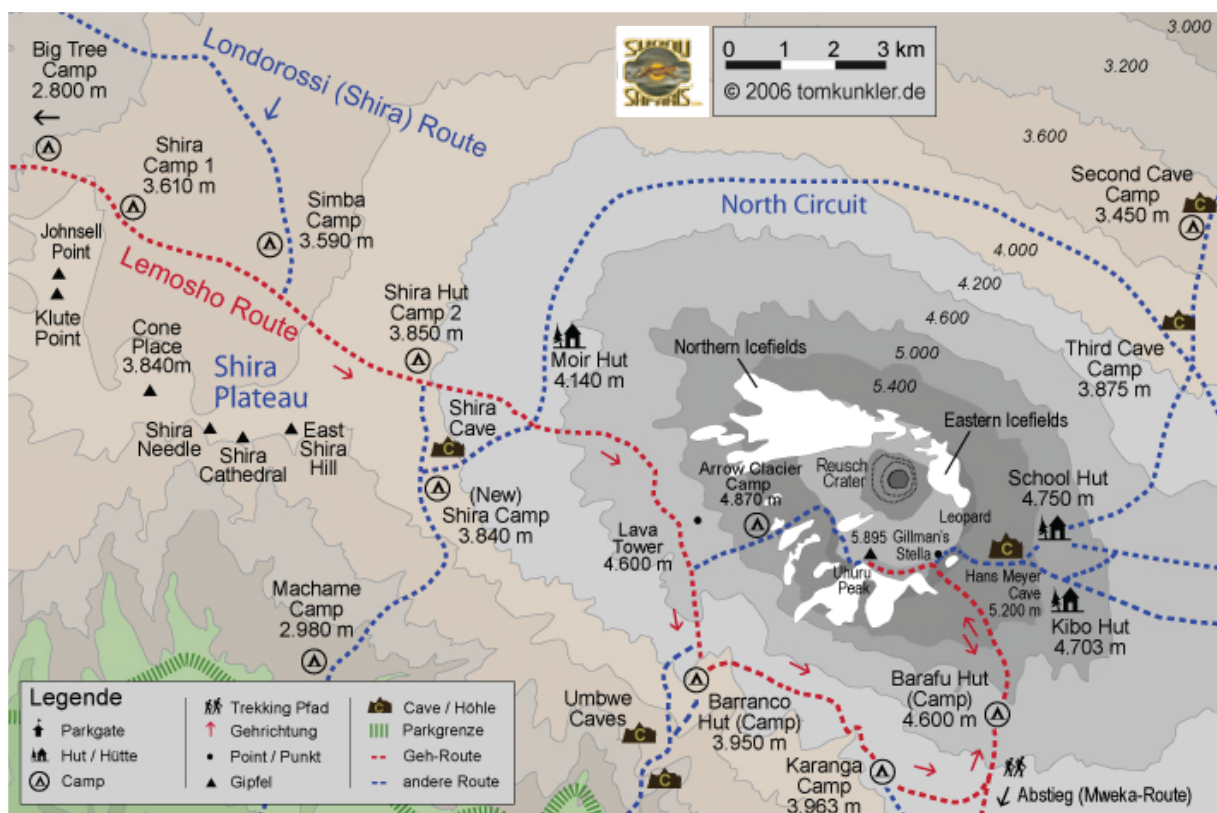
- STAGE 5(B)

UHURU PEAK – MWEKA CAMP
7 HRS 3100M DESCENT
DINNER/OVERNIGHT MWEKA CAMP

- STAGE 6

MWEKA CAMP – MWEKA GATE – ARUSHA

SHIRA LEMOSHO ROUTE MAP





SHIRA LEMOSHO ROUTE / ACCLIMATIZATION LAVA TOWER



SHIRA LEMOSHO ROUTE / BARAFU CAMP

UMBWE ROUTE CLIMB

5 NIGHTS / 6 DAYS

ITINERARY

- STAGE 1

ARUSHA - UMBWE GATE – UMBWE CAVE
TRANSFER TO MACHAME GATE FOR PARK FORMALITIES,
AND PROCEED TO UMBWE GATE, BEGIN THE CLIMB
THROUGH
THE MAGNIFICENT FOREST, UMBWE CAVE (2900M / 5-7
HOURS TREK)

- STAGE 2

UMBWE CAVE – BARRANCO CAMP
STEEP CLIMB THROUGH THE LAST FOREST TO JOIN THE
RIDGE
(20 MINUTES STRENUOUS TREK) AND A COUPLE OF
HOURS LATER
THE START OF THE MOORLAND, BARRANCO CAMP
(3940M / 4-5 HOURS TREK)

- STAGE 3

BARRANCO ACCLIMATISATION DAY
TREK AROUND THE BREACH WALL, OUTSTANDING
VIEWS
OF KIBO GLACIERS (4200M), BARRANCO CAMP

- STAGE 4

BARRANCO CAMP – ARROW GLACIER
VEGETATION SOON ENDS AND OUTWARD VIEWS
BECOME
ONES OF DISTANT FOREST, MOORLAND AND OCEANS
OF
CLOUDS, WITH A FOREGROUND OF BLEAK ROCKY
SCREES,
ALL SEEN THROUGH GAPS IN THE SWIRLING MISTS,
ARROW
GLACIER CAMP (4850M / 3-4 HOURS TREK)

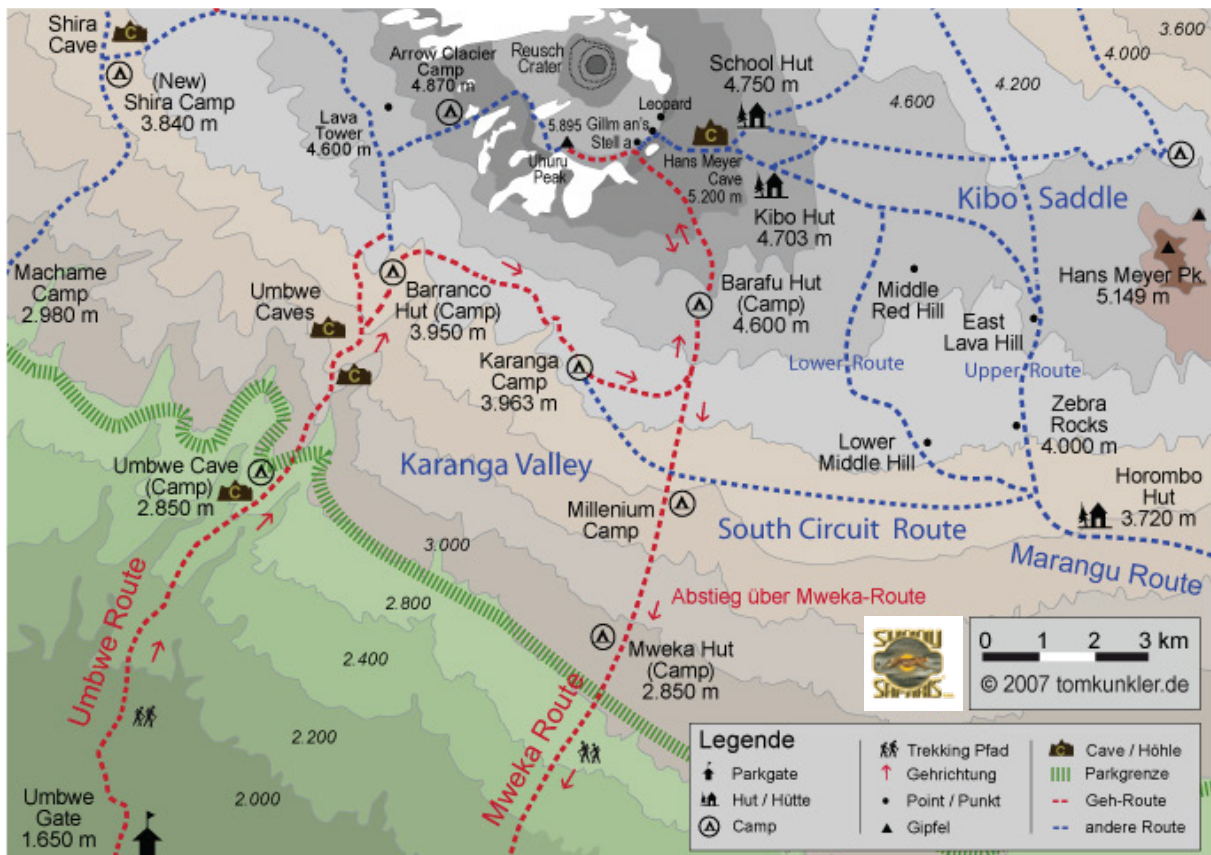
- STAGE 5

ARROW GLACIER – UHURU PEAK – MWEKA CAMP
SOON AFTER MIDNIGHT STEEP AND HEAVY SCREE
ASCEND
VIA CRATER TO UHURU PEAK (5895M) THE HIGHEST
POINT
IN AFRICA. DESCEND VIA BARAFU TO MWEKA CAMP
(3100M / 5-7 HOURS TREK TO THE SUMMIT + 6-7 HOURS
TREK TO MWEKA CAMP)

- STAGE 6

MWEKA CAMP – MWEKA GATE - ARUSHA
DESCEND THROUGH THE RAIN FOREST TO THE GATE
WHERE YOU WILL BE PICKED-UP AND TRANSFER TO
ARUSHA
TREK 2-3 HOURS TO GATE)

UMBWE ROUTE MAP





UMBWE ROUTE / BARRANCO WALL



UHURU AND MAWENZI



SUNRISE FROM UHURU PEAK

KILIMANJARO MENU

- DAY 1

LUNCH BOX: SANDWICH, FRUITS, BOILED EGG, TEA/COFFEE.

DINNER: SOUP, TOASTS, SPAGHETTI, VEGETABLES SAUCE, STEAK.

DESERT: BANANA, TEA, MILO, COFFEE.

- DAY 2

BREAKFAST: FRUITS, BREAD, EGGS, SAUSAGES, TEA/COFFEE, MILO, MILK.

LUNCH BOX: SANDWICH, FRUITS, CARROT, BOILED EGG, TEA/COFFEE.

DINNER: SOUP, PANCAKE, CHINESE RISE, SAUCE, GREEN BEANS.

DESERT: ORANGE, TEA/COFFEE, MILO, MILK.

- DAY 3

BREAKFAST: FRUITS, FRENCH TOASTS, EGGS, SAUSAGES, TOMATOES, TEA/COFFEE, MILO, MILK.

LUNCH BOX: FRENCH TOASTS, FRUITS, BOILED EGG, TEA/COFFEE.

DINNER: BREAK, SOUP, POTATOES, VEGETABLE SAUCE, CHICKEN, CABBAGE.

DESERT: FRUITS, TEA/COFFEE, MILO, MILK.

- DAY 4

BREAKFAST: TOASTS, FRUITS, EGGS, TOMATOES, SAUSAGES, TEA/COFFEE, MILO, MILK.

LUNCH BOX: PAN CAKE, FRUITS, EGGS, BISCUITS, TEA/COFFEE.

DINNER: SOUP, BREAD, MACARONI AND MINCED MEAT SAUCE.

DESERT: FRUITS, MILO, COFFEE/TEA, MILK.

- DAY 5

BREAKFAST: SOUP, BREAD, FRUITS, TEA/COFFEE, MILO, MILK.

DINNER: SOUP, PANCAKE, RICE AND VEGETABLE SAUCE, CHICKEN.

DESERT: FRUITS, MILO, COFFEE/TEA, MILK.

- DAY 6

BREAKFAST: FRUITS, EGGS, SAUSAGES, TEA/COFFEE, MILO, MILK.

LUNCH BOX: BREAD, FRUITS, BOILED EGGS, CARROTS, BISCUITS.

SUCCESS RATE

KILIMANJARO IS THE TALLEST MOUNTAIN IN AFRICA WITH THE ALTITUDE OF 5,895M ABOVE SEA LEVEL, AND THE HIGHEST FREE STANDING MOUNTAIN IN THE WORLD. THE CLIMB TO THE SUMMIT IS MAGNIFICENT WITH BREATHTAKING SCENERIES AND EXTRAORDINARY MEMORIES OF THE CLIMBERS WHO HAS CLIMBED THE MAJESTIC MOUNTAIN.

WE ARE ONE OF THE BEST MOUNTAIN CLIMB ORGANISERS IN TANZANIA WITH A SUCCESS RATE RANGING FROM 85% TO 90%



UHURU PEAK / SUMMIT



UHURU PEAK / SUMMIT

MT KILIMANJARO GUIDES RATIO PER CLIMBER

CLIMBER(S)	MAIN GUIDE	RANGER GUIDE	POTTER(S) LUGGAGE 15 KG PER GUEST	CAMPING EQUIPMENT & FOOD SUPPLIES	COOK	TOTAL TEAM STAFF
1	1	0	1	2	1	5
2	1	1	1	3	1	7
3	1	1	2	4	1	9
4	1	1	2	7	1	12
5	1	2	3	8	1	15
6	1	2	3	11	2	18
7	1	2	4	12	2	20
8	1	3	4	15	2	24
9	1	3	5	17	2	27
10	1	3	5	19	2	29

NOTE:

1. EACH PORTER CLUTCH (CARRIES) MAX 20 KG, THE GUESTS ARE TO SHARE THE BAG-PACK BETWEEN TWO PEOPLE, OR OTHERWISE EXTRA CHARGES WILL APPLY.
2. GUIDE AND COOKS-ARE NOT ALLOWED TO CARRY ANY ITEMS BESIDE OWN BACK-PACK.

KILIMANJARO MENU

- DAY 1

LUNCH BOX: SAMOSAS, EGG CHOP, CAKE, JUICE,
DOUGHNUT/KEBAB, VEGETABLE SANDWICH,
EVENING SNACKS: HOT DRINK, POPCORN, BISCUITS,
DINNER:
STARTER: CUCUMBER SOUP, BURNS, BUTTER
MAIN COURSE: FRIED POTATO, SPAGHETTI, FISH, VEGETABLES,
DESERT: COFFEE, TEAS, CAKE.

- DAY 2

BED TEA: TEA/COFFEE
BREAKFAST: FRUITS, OATS PORRIDGE, FRIED EGG, TOAST,
JAM, HONEY, VIENNA, PEANUT BUTTER,
LUNCH PICNIC BOX: JUICE, BOILED EGG, CHICKEN, FRUITS, SANDWICH CHEESE,
EVENING SNACKS: POPCORN, PEANUTS,
DINNER:
STARTER: OLIVE OIL AVOCADO, CARROT SOUP, BURNS, BUTTER,
MAIN COURSE: RICE, VEGETABLE CURRY,
DESERT: ICE CREAM WITH BISCUIT.

- DAY 3

BED TEA: TEA/COFFEE
BREAKFAST: FRUITS, PANCAKE, TOAST, RICE PUDDING,
JAM, HONEY, PEANUT BUTTER,
LUNCH PICNIC BOX: JUICE, BOILED EGG, CHICKEN, CHEESE SANDWICH, FRUITS,
EVENING SNACKS: POPCORN, PEANUTS,
DINNER:
STARTER: ZUCCHINI SOUP, BURNS, BUTTER,
MAIN COURSE: MACARONI, MINCED MEAT, CHEESE,
DESERT: ICE CREAM WITH BISCUIT.

- DAY 4

BED TEA: TEA/COFFEE
BREAKFAST: FRUITS, FINGER MILLET PORRIDGE, SPANISH OMELETTE, TOAST,
JAM, HONEY, BUTTER, PEANUT BUTTER,
HOT LUNCH: JUICE, POTATO FRIES, CHICKEN BOLOGNAISE, BOILED SALAD,
EVENING SNACKS: POPCORN, PEANUTS,
DINNER:
STARTER: CREAMY LEEK SOUP, BURNS, BUTTER,
MAIN COURSE: RICE, BEEF CURRY,
DESERT: BANANA FRITTERS.

KILIMANJARO MENU

- DAY 5

BED TEA: TEA/COFFEE

BREAKFAST: FRUITS, OATS PORRIDGE, EGG YOLK, TOAST, JAM, HONEY, BUTTER, PEANUT BUTTER,

HOT LUNCH: JUICE, VEGETABLE STEW, FRUITS,

EVENING SNACKS: POPCORN, BISCUITS,

DINNER:

STARTER: PUMPKIN SOUP, BURNS, BUTTER,

MAIN COURSE: VEGETABLE SPAGHETTI, CHEESE,

DESERT: CHOCOLATE CAKE

- DAY 6

BED TEA: TEA/COFFEE WITH BISCUITS

SUMMIT DAY: JUICE, CAKE, CHOCOLATE BAR, BISCUITS, TEAS,

BRUNCH: FRUITS, CELERY SOUP, COOKED SANDWICH,

HOT DRINK: TEAS/COFFEES, MILK,

DINNER: STARTER: VEGETABLE SOUP, BURNS, BUTTER,

MAIN COURSE: RICE, TUNA WITH VEGETABLE,

DESERT: PUDDING

- DAY 7

BED TEA: TEA/COFFEE

BREAKFAST: FRUITS, OATS PORRIDGE, EGG YOLK, TOAST, JAM, HONEY, BUTTER, PEANUT BUTTER,

HOT LUNCH: CHRIS BURGER RESTAURANT MOSHI TOWN.



DINING AT ALTITUDE 3840M AT SHIRA CAMP

PLANTS ON MT KILIMANJARO



HELICHRYSUM NEWII



HELICHRYSUM NEWII



KILIMANJARO IMPATIENS (IMPATIENS KILIMANJARICA)



MACKINDER' S GLADIOLUS (GLADIOLUS WATSONIOIDES)



GIANT GROUNDSEL (SENECIO KILIMANJARI)



LOBELIA DEKENI

MT MERU

MOUNT MERU IS AN ACTIVE STRATOVOLCANO LOCATED 70 KILOMETRES (43 MILES) WEST OF MOUNT KILIMANJARO IN THE NATION OF TANZANIA. AT A HEIGHT OF 4,565 METRES (14,977 FT), IT IS VISIBLE FROM MT KILIMANJARO ON A CLEAR DAY,[5] AND IS THE NINTH OR TENTH HIGHEST MOUNTAIN IN AFRICA, DEPENDENT ON DEFINITION.

MUCH OF ITS BULK WAS LOST ABOUT 8,000[CITATION NEEDED] YEARS AGO DUE TO AN EASTWARD VOLCANIC BLAST, SIMILAR TO THE 1980 ERUPTION OF MOUNT ST. HELENS IN THE U.S. STATE OF WASHINGTON. MOUNT MERU MOST RECENTLY HAD A MINOR ERUPTION IN 1910.[2] THE SEVERAL SMALL CONES AND CRATERS SEEN IN THE VICINITY PROBABLY REFLECT NUMEROUS EPISODES OF VOLCANIC ACTIVITY.

MOUNT MERU IS THE TOPOGRAPHIC CENTERPIECE OF ARUSHA NATIONAL PARK. ITS FERTILE SLOPES RISE ABOVE THE SURROUNDING SAVANNA AND SUPPORT A FOREST THAT HOSTS DIVERSE WILDLIFE, INCLUDING NEARLY 400 SPECIES OF BIRDS, AND ALSO MONKEYS AND LEOPARDS.

TREK NORTHERN ROUTE CLIMB

2 NIGHTS / 3 DAYS

ITINERARY

ARUSHA, ROAD TRANSFER TO ARUSHA NATIONAL PARK VIA NGONGONGARE GATE, THEN DRIVE TO THE STARTING POINT OF THE CLIMB MOMELLA HEADQUARTERS' (1500 M)
FOR PARK FORMALITIES, ARMED RANGER GUIDE, SORTING YOUR LUGGAGE WITH THE PORTERS.

- STAGE 1

TREK THROUGH FIG TREE TO MIRIAKAMBA FOR ABOUT 5 HOUR INCLUDING PICNIC LUNCH BREAK AT MOIYO WATERFALL, DINNER AND OVERNIGHT MIRIKAMBA HUT (2500 M), 14 KM

- STAGE 2

AFTER BREAKFAST TREK FOR 4 HOUR TO SADDLE POINT, LUNCH ON ARRIVAL, REST FOR 2 HOURS, SIDE-TREK FOR ACCLIMATIZATION TO LITTLE MERU (3800 M), DINNER AND OVERNIGHT SADDLE HUT (3500 M), 7 KM

- STAGE 3A

EARLY MORNING WAKE-UP CALL, TEA & COOKIES, YOUR CLIMB STARTS AT 1200 VIA RHINO POINT (3801 M),
MUST PREPARE FOR ROUGH TRAIL " ROCK-LINE" ' TO MERU PEAK (4562 M), 8 KM

- STAGE 3B

TREK DOWN FROM MERU PEAK TO SADDLE HUT VIA THE SAME TRAIL, BRUNCH, AFTERNOON TREK DOWN TO MOMELLA HEADQUARTERS' (28 KM) VIA JIWE LA LAMI, MEET YOUR DRIVER AND TRANSFER TO ARUSHA.
INCLUDES: TO/FROM TRANSFERS, PARK FEES, HUT FEES, RESCUE FEES, COOK, MEALS, PORTERS, RANGER GUIDE, TREATED DRINKING WATER.

TREK SOUTHERN ROUTE CLIMB

3 NIGHTS / 4 DAYS

ITINERARY

ARUSHA, ROAD TRANSFER TO ARUSHA NATIONAL PARK VIA NGONGONGARE GATE, THEN DRIVE TO THE STARTING POINT OF THE CLIMB MOMELLA HEADQUARTERS' (1500 M) AND PARK FORMALITIES - ARMED RANGER GUIDE, SORTING OF YOUR LUGGAGE WITH THE PORTERS.

- STAGE 1

TREK THROUGH FIG TREE TO MIRIAKAMBA FOR ABOUT 5 HOUR INCLUDING PICNIC LUNCH BREAK AT MOIYO WATERFALL, DINNER AND OVERNIGHT MIRIKAMBA HUT (2500 M), 14 KM

- STAGE 2

AFTER BREAKFAST TREK FOR 4 HOUR TO SADDLE POINT, LUNCH ON ARRIVAL, REST FOR 2 HOURS, SIDE-TREK FOR ACCLIMATIZATION TO LITTLE MERU (3800 M), DINNER AND OVERNIGHT SADDLE HUT (3500 M), 7 KM

- STAGE 3A

EARLY MORNING WAKE-UP CALL, TEA & COOKIES, YOUR CLIMB STARTS AT 0200 VIA RHINO POINT (3801 M), MUST PREPARE FOR ROUGH TRAIL " ROCK-LINE" ' TO MERU PEAK (4562 M), 8 KM

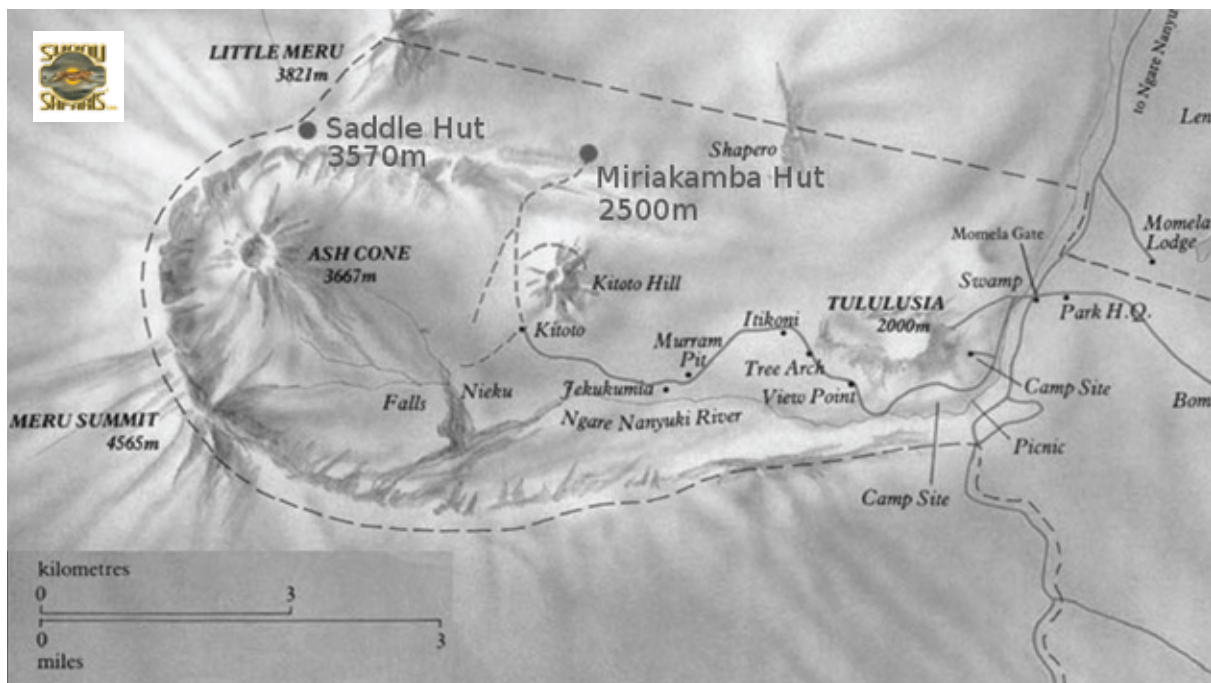
- STAGE 3B

TREK DOWN MERU PEAK THROUGH THE SAME TRAIL TO SADDLE HUT, BRUNCH, REST FOR 2 HOURS, AFTER-NOON TREK FOR 2 MORE HOURS, DINNER AND OVERNIGHT MIRIAKAMBA HUT (2500 M), 15 KM

- STAGE 4

TREK DOWN TO MOMELLA HEADQUARTERS' (9 KM) VIA JIWE LA LAMI, MEET YOUR DRIVER GUIDE FOR A SHORT GAMEDRIVE, DEPARTURE TO ARUSHA.

MT MERU MAP





MOUNT MERU

MT MERU GUIDES RATIO PER CLIMBER

CLIMBER(S)	RANGER GUIDE	RANGER GUIDE	POTTER(S) LUGGAGE 15 KG PER GUEST	COOK	TOTAL TEAM STAFF
1	1	1	2	1	5
2	1	1	4	1	7
3	1	1	6	1	9
4	1	1	8	1	11
5	1	1	10	1	13
6	1	1	12	2	16
7	1	1	14	2	18
8	1	1	16	2	20
9	1	1	18	2	22
10	1	1	20	2	24

NOTE:

1. EACH PORTER CLUTCH (CARRIES) MAX 20 KG, THE GUESTS ARE TO SHARE THE BAG-PACK BETWEEN TWO PEOPLE, OR OTHERWISE EXTRA CHARGES WILL APPLY.
2. GUIDE AND COOKS-ARE NOT ALLOWED TO CARRY ANY ITEMS BESIDE OWN BACK-PACK.

TRIBAL VISIT

ILKIDING' A

THE VILLAGE OF ILKIDING' A AT THE FOOT OF MT. MERU, WHERE THE SOUNDS OF RIVERS, BIRDS AND PEOPLE ARE IN HARMONY, OFFER A VIEW INTO THE CULTURE OF THE WA-ARUSHA TRIBE.

HALF DAY TOUR

THIS INCLUDES A VISIT TO SEMBEO' S BOMA WHERE YOU GET A GLIMPSE OF VILLAGE LIFE. THEREON, WALK THROUGH FIELDS OF CROPS, VISIT A TRADITIONAL HEALER, HEAD TO THE NJECHE CANYON AND END WITH A TRADITIONAL MEAL AT THE MAINYOITO WOMEN' S GROUP.

FULL DAY TOUR

THIS INCLUDES A TRAIL THROUGH THE FIELDS, A VISIT TO SEMBEO' S BOMA AND CROSSING THE NGARENARO RIVER TO REACH LELOTO VIEWPOINT. HEAD TO THE MAASAI CRAFTSMEN GROUP AND END THE TOUR WITH A TRADITIONAL MEAL AT THE MAINYOITO WOMEN' S GROUP. 3 DAY HIKE ON THE FIRST DAY, WALK UPHILL TO SEMBEO' S BOMA. CROSS NGARENARO RIVER AND WALK THROUGH MILKHASI FOREST TO TIMBOLO TO SPEND THE NIGHT. NEXT DAY, CROSS THE NGAREOLMOTONYI RIVER AND WALK UPHILL TO OLKOKOLA AND FURTHER ON TO ILKURROT TO SPEND THE NIGHT. ON THE THIRD DAY, WALK TO MUKLAT AND NGARAMTONI FOR THE WEEKLY MAASAI MARKET. AFTER LUNCH, WALK OR DRIVE BACK TO ARUSHA.

THE VILLAGE OF ILKIDING' A AT THE FOOT OF MT. MERU, WHERE THE SOUNDS OF RIVERS, BIRDS AND PEOPLE ARE IN HARMONY, OFFER A VIEW INTO THE CULTURE OF THE WA-ARUSHA TRIBE.

ITINERARY

- A VISIT TO A LOCAL TRADITIONALLY BUILT HOUSEHOLD TO GET AN IDEA OF HOW AN EXTENDED FAMILY LIVES TOGETHER
- TRADITIONAL DANCING: WE CAN BRING THE DANCE TO YOU OR YOU CAN BRING THE PEOPLE TO THE DANCE.
- A WALK THROUGH COFFEE PLANTATIONS AND OPEN FIELDS WHERE POTATOES, CABBAGES, MAIZE, BEANS AND OTHER CASH CROPS ARE CULTIVATED BY THE VILLAGERS.
- A VISIT TO A TRADITIONAL HEALER, WHO IS READY TO ANSWER ALL YOUR QUESTIONS AND GIVE ADVICE IF NEEDED.
- A VISIT TO THE CRAFTSMEN PREPARED BY THE MAINYOITO WOMEN' S GROUP AT ONE OF THE HOUSEHOLDS.
- A VISIT TO THE PRIMARY SCHOOL WHERE MONEY GENERATED FROM TOURISM AS DEVELOPMENT FEES IS USED TO REHABILITATE THE SCHOOL.
- THE PLEASURE OF IMPRESSIVE VIEWPOINTS OVERLOOKING ARUSHA TOWN, HIKING ALONG NARROW FOOTPATHS, CROSSING A CANYON AND CLIMBING SMALL HILLS. YOU CAN TAKE A HALF DAY TOUR, FULL DAY TOUR OR A 3 DAY SOUTH-WEST MERU CULTURAL HIKE. A FOURTH OPTION IS AN 8-HOUR WALKING TRIP FROM ARUSHA TO THE STARTING POINT, WHERE YOU CONNECT WITH THE FULL DAY TOUR.

TRIBAL VISIT

NG' IRESI

NG' IRESI IS SITUATED 7 KM OUT OF ARUSHA, ON THE SLOPES OF MT. MERU. IT IS INHABITED BY FARMERS OF THE WA-ARUSHA TRIBE.

THE VILLAGES OF NG' IRESIA AND OLGILAI HAVE THE FOLLOWING ON OFFER FOR VISITORS:

- A GUIDED TOUR TO FARMS ON THE LUSH SLOPES OF MT. MERU
 - A VISIT TO SEVERAL DEVELOPMENT PROJECTS IN THE VILLAGE-SOIL CONSERVATION, IRRIGATION, CROSS-BREEDING, BIO-GAS
 - A CLIMB TO KIVESI HILL, AN OLD VOLCANO WITH A NATURAL FOREST ON THE TOP
 - A GLIMPSE OF THE WA-ARUSHA CULTURE
 - A WALK TO SONGOTO AND NAVURU WATERFALLS
 - A DELICIOUS LUNCH AND DINNER PREPARED BY THE JUHUDI WOMEN' S GROUP
- DIFFERENT TOURS HAVE BEEN ORGANIZED. VISITORS CAN CHOOSE BETWEEN HALF AND FULL DAY TOURS:

ITINERARY

HALF DAY TOURS

VILLAGE TOUR

VISIT MZEE LOTI' S FARM FOR A COFFEE AND TEA AND GET AN EXPLANATION ON BIO-GAS, CROSS-BREEDING AND SOIL CONSERVATION PROJECTS ON THE FARM. WALK TO THE NEARBY BOMAS TO SEE THE VARIOUS STYLES OF TRADITIONAL MAASAI AND WA-ARUSHA HOUSES AND ENJOY A BEAUTIFUL VIEW OF ARUSHA TOWN AND THE SURROUNDING MAASAI PLAIN. DESCEND LEKIMANA HILL TO VISIT THE NG' IRESI PRIMARY SCHOOL AND RETURN TO LOTI' S FARM FOR LUNCH.

SONGOTA WATERFALL

THE TOUR STARTS FROM KWANGULELO BUST STOP. A 45 MINUTES WALK TAKES YOU TO THE SONGOTO WATERFALL IN OLDADAI VILLAGE. VISIT MZEE LOTI' S FARM AND VISIT THE BIOGAS AND SOIL CONSERVATION PROJECTS, TRADITIONAL HOUSES AND SCHOOL.

FULL DAY TOURS

NAVURU WATERFALL AND VILLAGE TOUR

FROM MZEE LOTI' S FARM, DO THE HALF DAY TOUR COMBINED WITH A WALK TO THE OLGILAI FOREST RESERVE. A SMALL PATH LEADS YOU TO THE STEEP CONYON OF THE THEMI RIVER. CROSS THE RIVER TO REACH THE NUVURU WATERFALL.

VILLAGE AND FOREST TOUR

THE VILLAGE TOUR CAN BE COMBINED WITH A VISIT TO THE FOREST ON THE HIGHER SLOPES OF MT. MERU. THE SPRING WATERS THAT ARE THE MAIN SOURCE OF WATER FOR THE VILLAGE COMMENCE HERE. AT THE EDGE OF THE FOREST, MEET A TRADITIONAL HEALER.

TRIBAL VISIT

NG'IRESI ITINERARIES

TWO DAY TOUR

AFTER A FULL DAY TOUR, SPEND THE NIGHT CAMPING AT MZEE LOTI' S FARM. NEXT MORNING, START FOR A CLIMB TO KIVESI HILL. DESCEND ON THE OTHER SIDE AND RETURN TO ARUSHA. OTHER TOURS CAN BE ARRANGED ON REQUEST. A TRADITIONAL MEDICINE TOUR IS AN INTERESTING OPTION, IN WHICH YOU MEET A TRADITIONAL HEALER AND WALK ALONG THE SLOPES OF MT. MERU COLLECTING HERBS AND PLANTS THAT HAVE BEEN USED BY THE LOCAL FOR THOUSANDS OF YEARS. THE GUIDE WILL HELP IN IDENTIFYING AND COLLECTING SAMPLES OF THE DIFFERENT SPECIES.

TRIBAL VISIT

MULALA

THE MULALA VILLAGE IS A TYPICAL RURAL SETTING ON THE SOUTHERN SLOPES OF MT. MERU AND SURROUNDED BY SPECTACULAR SCENERY. IT LIES 1,600 - 1,700M ABOVE SEE LEVEL AND WIND YOUR WAY UP THE MOUNTAIN THROUGH AMAZING LUSH, GREEN VEGETATION DOTTED WITH SMALL FARMS.

THE WOMEN OF MULALAL HAVE UNITED IN THE FORM OF THE AGAPE WOMEN' S GROUP. THROUGH THIS GROUP, THEY TRY TO SUPPORT ECONOMIC ACTIVITIES OF THE MEMBERS AND START NEW INCOME-GENERATING PROJECTS, LIKE THE MULALA CULTURAL TOURISM PROGRAMME. WHEN YOU ARRIVE THERE, YOU WILL BE WARMLY WELCOMED BY THE VILLAGE WOMEN.

ITINERARY

THE MULALA WOMEN HAVE ORGANIZED THE FOLLOWING

- A TOUR OF MAMA ANNA' S QUAINTE CHEESE MAKING UNIT, THIS BEING THE STARTING POINT OF THE TOUR
- A NICE GARDEN WHERE YOU CAN RELAX AND ENJOY A BEVERAGE OR A SIMPLE, TRADITIONAL MEAL GUIDED TOURS CRISS-CROSSING COFFEE AND BANANA FARMS, WALKING THROUGH THE FOREST RESERVE OR BY THE MARISHA RIVER BANK AND ENJOYING SPECTACULAR VIEWS OF MT. MERU AND MT. KILIMANJARO AGAPE WOMEN TRADITIONAL ACTIVITIES TOUR (1 TO 2 HOURS) VISIT THE FARMS OF THE AGAPE WOMEN' S GROUP. THE WOMEN WILL EXPLAIN THEIR FARMING METHODS AND SHOW YOU THE VARIOUS ECONOMIC ACTIVITIES THEY HAVE STARTED, LIKE CHEESEMAKING, BREAD-MAKING, FLOWER SEEDS, CHILL GROWING AND SEWING. MT. MERU FOREST RESERVE TOUR (1 TO 2 HOURS) WALK INTO THE FOREST RESERVE AND CLIMB UP TO THE FOOTHILLS OF MT. MERU, CROSSING THE BEAUTIFUL NATURAL FOREST, HOME TO MANY SPECIES OF BIRDS AND MONKEYS.

MARISHA RIVER TOUR (2 HOURS)

ENJOY THE SCENIC MARISHA RIVER BANK, THICK WITH TROPICAL VEGETATION AND HOME TO COLOURFUL BIRDS AND PRIMATES. THE GUIDE WILL SHOW YOU THE MOST COMMON MEDICINAL PLANTS USED BY THE VILLAGERS. YOU MAY CONTINUE TO THE ZIWA LA MZUNGU (WHITEMAN' S LAKE) TO SEE A BIG COLONY OF FRUIT BATS.

LEMEKA HILL TOUR (2 HOURS)

CRISS-CROSS THE COFFEE AND BANANA FARMS AND HEAD UP LEMEKA HILL FOR BREATHTAKING VIEWS OF MT. MERU AND MT. KILIMANJARO AND OF THE MAASAI PLAINS. ALSO VISIT THE FARM OF MOSES KAROIYA, THE TRADITIONAL HEALER OF THE VILLAGE.

TRIBAL VISIT

ILKUROT

ILKUROT IS SITUATED ABOUT 20 KM WEST OF ARUSHA.

ITINERARY

- A VISIT TO A MAASAI BOMA TO SEE THE TRADITIONAL HOUSES AND LIFESTYLE OF THE MAASAI
 - A VISIT TO A MAASAI HOLY TREE WHERE THE MAASAI OFFER SACRIFICES AS PART OF RITUALS
 - A TRADITIONAL MAASAI MEAL PREPARED BY MAASAI LADIES. DELICACIES INCLUDE 'NYAMACHOMA' OR BARBEQUED MEAT, GREEN VEGETABLES, HERBAL TEA, COFFEE, FRESH MILK, CASSAVA, SWEET POTATO, BREAD, EGGS AND FRUITS.
 - A FIVE-DAY SAFARI, DURING WHICH YOU CAN HIRE A CAMEL OR DONKEY TO VIEW ANIMALS GIRAFFE, ZEBRA, RABBIT, HYENA, THOMSON'S GAZELLE AND DIK DIK - AND BIRDS AND WATCH THE MAASAI GRAZE THEIR CATTLE IN SCENIC PASTURES.
 - WATCHING MAASAI DANCES, GROUPS OF ARTISANS AND THEIR HANDICRAFTS, TRADITIONAL HEALERS AND BEE-KEEPERS.
 - A VISIT TO THE KILIMAMOTO CRATER, NGORORA HILL, WATERFALLS, VALLEYS AND MT. MERU.
 - GETTING FAMILIAR WITH SWAHILI AND MAASAI TERMINOLOGY
 - TALKS WITH LOCAL SOCIETY MEMBERS
 - A VISIT TO A MAASAI WOMEN'S HANDICRAFT GROUP THAT MAKES ORNAMENTS FROM BEADS AND NATURAL PRODUCTS.
- TOURS AT ILKUROT CAN BE DIVIDED INTO THREE EXCURSION CATEGORIES:

1. HALF DAY WALKING TOUR
2. FULL DAY WALKING TOUR
3. THREE OR FIVE DAY WALKING SAFARI

THE VISITOR CAN CHOOSE ANY OF THE ABOVE OPTIONS.

(NOTE: THOSE WISHING TO STAY OVERNIGHT NEED TO BRING OR HIRE CAMPING EQUIPMENT.)

TRIBAL VISIT

MKURU

SITUATED ON THE NORTH SIDE OF MOUNT MERU, NOT FAR FROM THE IRRIGATED FIELDS OF NGARENANYUKI AND THE MOMELA

GATE OF ARUSHA NATIONAL PARK, MKURU CAMEL CAMP IS EASILY RECOGNIZABLE FROM A DISTANCE BECAUSE OF THE PYRAMID SHAPED OL DOINYO LANDAREE MOUNTAIN. A MAASAI DOMINATED REGION, THERE ARE TRADITIONAL BOMAS SCATTERED THROUGHOUT AND ONE GETS TO SEE THE MAASAI WAY OF LIFE. THE AREA AROUND THE CAMP IS ALIVE WITH BIRDS AND SMALL MAMMALS, AND ZEBRA AND GIRAFFE IN THE PLAINS TO THE NORTH, WHICH IS ALSO A CORRIDOR FOR ELEPHANTS.

THE FOLLOWING IS ON OFFER

- BABOON CAVE SAFARI
- CLIMBING OL DOINYO LANDAREE
- VISIT TO A TRADITIONAL HEALER
- A WALK TO MGURU, AN ARCHAEOLOGICAL PLACE

ITINERARY

CAMEL SAFARIS

CAMEL SAFARIS RANGING FROM ONE TO SIX DAYS CAN BE ARRANGED.

MOUNT KILIMANJARO SAFARI

3 DAY/2 NIGHTS FROM MKURU TO NGARE-NAIROBI. THIS IS AN EXCELLENT TREKKING EXPERIENCE TO THE 'ROOF OF AFRICA' WITH MAASAI GUIDES THROUGH THE ELEPHANT CORRIDOR AND BEAUTIFUL LANDSCAPE RICH IN FLORA AND FAUNA.

MOUNT LONGIDO CAMEL SAFARI

3 DAYS/2 NIGHTS FROM MKURU TO LONGIDO. THIS IS A SHORT BUT INTENSE ADVENTURE THROUGH THE PLAINS BELOW MT. MERU WHERE THE MAASAI STEPPE BECOMES WILD. YOU COME ACROSS SEVERAL PAIRS OF GAME AND BIRDS.

OLDONYO LENGAI SAFARI

5 DAYS/4 NIGHTS FROM KITUMBAINI TO OLDONYO LENGAI. THIS INCLUDES THE ADVENTURE OF RIDING A CAMEL, SLEEPING IN THE BUSH AND KNOWING THE REAL MAASAI CULTURE. REACH NGORONGORO THROUGH THE PLAINS BETWEEN GELAI AND KITUMBAINI MOUNTAINS, WHICH ARE FULL OF WILDLIFE. IN THE EVENINGS, RELAX BY THE CAMPFIRE, LISTENING TO THE SOUNDS OF THE SAVANNAH.

LAKE NATRON SAFARI

7 DAYS/6 NIGHTS FROM MKURU TO LAKE NATRON PASS THE MOUNTAINS OF KITUMBAINI AND GELAI TOWARDS LAKE NATRON, WHICH IS FULL OF FLAMINGOS. THE OLDONYO LENGAI WILL BE THE ORIENTATION POINT FOR THE LAST 3 DAYS OF THE SAFARI. THE ANIMALS, MAASAI AND DREAM LANDSCAPES MAKE THIS SAFARI A MEMORABLE EXPERIENCE. (FOR THOSE WITH LIMITED TIME, A CAMEL SAFARI OF 1 NIGHT/2 DAYS CAN BE ORGANISED ON REQUEST.)

TRIBAL VISIT

MACHAME

MACHAME, TO THE NORTH OF THE ARUSHA- MOSHI ROAD, IS A MOSAIC OF BEAUTIFUL VALLEYS, DEEP GORGES, RIVERS, WATERFALLS AND FARMS, AND IS HOME TO THE CHAGGA PEOPLE. EXPLORE THE LIFE OF THE PEOPLE OF MT. KILIMANJARO.

THE TOUR INCLUDES THE FOLLOWING:

A WARM WELCOME IN A LOCAL CHAGGA HOUSEHOLD HIKES THROUGH DENSE NATURAL FORESTS AND FARMS FOR ACCLIMATIZATION ALONG FAST FLOWING STREAMS BEFORE CLIMBING THE MOUNTAIN.

THREE DIFFERENT VIEWS OF SNOW-CAPPED MT. KILIMANJARO, WHERE LOCAL ANCIENT CHAGGA LEGENDS RECOUNT TALES OF AN IRON HUT THAT BROUGHT THEM STRENGTH. A VISIT TO SEVERAL DEVELOPMENT PROJECTS IN THE AREA (COFFEE PRODUCTION, TRADITIONAL IRRIGATION, AFFORESTATION, CRASS-BREEDING, BEE-KEEPING, SCHOOLS, HEALTH CARE, FOOD PROCESSING, ETC.)

ITINERARY

SIENY-NGIRA TOUR (4-6 HOURS)

THE TOUR STARTS FROM THE MACHAME CULTURAL TOURISM CENTRE (KYALIA) AND TAKES YOU THROUGH KALALI MARKET TO MASAMA. SIENY CATCHMENT FOREST IS HISTORICALLY A SACRED PLACE OF NATURAL FORESTS, BRIDGES AND CAVES WHERE LOCAL PEOPLE WORSHIPPED DURING THE TRADITIONAL FESTIVALS. ANOTHER ATTRACTION IS THE NATURAL BRIDGE CALLED 'DARAJA LA MUNGU' OR GOD'S BRIDGE' .

NRONGA TOUR (5 HOURS)

WALK UNPHILI FROM KYALIA TO NRONGA VILLAGE. VISIT THE MILK PURIFICATION CENTER RUN BY WOMEN AND THE KALALI WOMEN'S GROUP SPECIALIZING IN CHEESE-MAKING. IF YOUR VISIT IS ON A MONDAY, YOU CAN ENJOY THE COLOURFUL WEEKLY MARKET.

ENVIRONMENTAL TOUR (5 HOURS)

GET A GLIMPSE OF HOW THE LOCALS MAKE POTTERY FOR FOOD AND WATER STORAGE. THE GUIDE WILL EXPLAIN HOW THE CONSERVATION ACTIVITIES SUCH AS RAINWATER HARVESTING UNDERTAKEN IN THE AREA ARE IDEA FOR A RURAL SETTING.

NKUU TOUR (5-8 HOURS)

FROM KYALIA, WALK THROUGH FERTILE BANANA AND COFFEE FARMLANDS AND LEARN ABOUT AN INTENSIVE INTER-CROPPING SYSTEM OF MIXED CROP FARMING. ALSO, PARTICIPATE IN COOKING A TRADITIONAL CHAGGA MEAL BEFORE RETURN.

MFURANUNGUN VIEW POINT (6-8 HOURS)

SEE MOSHI TOWN, LAKE NYUMBA YA MUNGU (HOUSE OF GOD) AND LEARN ABOUT HORTICULTURAL PRACTICE AT NKWEWELE. HIKE TO MARUKENI BEFORE DESCENDING TO THE RIVER SEMIRA RICH IN TROUT.

ITINERARY

NG' UNI HIKE (2 DAYS)

THE SIENY-NGIRA TOUR CAN BE COMBINED WITH A HIKE TO NG' UNI. AT NG' UNI, LEARN TO BUILD THE OLDEST CHAGGA TRADITIONAL HOUSE CALLED 'MBILI'. MEET MZEE URASSA WHO WILL BRIEF YOU ON STINGLESS BEE-KEEPING.

LYAMUNGO TOUR (2-3 DAYS)

THE TOUR STARTS AT KYALIA AND LEADS YOU TO LYAMUNGO VILLAGE WHERE YOU CAN LEARN ABOUT COFFEE PRODUCTION. VISIT THE NARUMU WOMEN POTTERY CENTER, NATURAL FOREST AND THE SOURCE OF THE WERUWERU RIVER. (NOTE: TOURS CAN BE UNDERTAKEN ON FOOT, BUT TRANSPORT CAN BE ORGANIZED ON REQUEST.)

TRIBAL VISIT

MAMBA AND MARANGU

MAMBA AND MARANGU IN THE KILIMANJARO AREA HAVE BOTH NATURAL AND CULTURAL HERITAGE TO OFFER THE VISITOR. THERE ARE MORE THAN SEVEN WATERFALLS IN THE VICINITY, UNIQUE FLORA WITH TREE, FLOWER AND FRUIT NURSERIES AND FAUNA. TOUR THE SLOPES OF MT. KILIMANJARO AND ASCEND TO BEAUTIFUL VIEW-POINTS.

TOURS THROUGH MARANGU OFFERS PANORAMIC VIEW OF MT. KILIMANJARO. VISIT THE HOME AND MEMORIAL OF THE LATE YOHANA LAUWO, A MARANGU NATIVE WHO ACCOMPANIED DR. HANS MEYER ON THE FIRST RECORDED CLIMB OF KILIMANJARO IN 1889, AND READ THE ORIGINAL LOG BOOKS OF LAUWO. CUSTOMISED HALF DAY, FULL DAY OR TWO DAY WALKING SAFARIS CAN BE ORGANISED.

THESE TOURS INCLUDE THE KINUKAMORI AND MOONJO FALLS AND A VISIT TO A CHAGGA HOUSE MADE OF STRAW-ROOFING. SEE THE FIRST COFFEE TREE PLANTED IN TANZANIA AND CLIMB UP NGANGU HILL. A TRIP TO THE AFRICAN ART CENTRE THAT HOUSES A COLLECTION OF ANCIENT AND MODERN SCULPTURES, CARVINGS AND PAINTING, IS REWARDING.

MAMBA IS A PARADISE FOR BIRDWATCHERS AND NATURE LOVERS. ENJOY SCENIC WATERFALLS, TREE, FLOWER AND FRUIT NURSERIES, PASS HISTORICAL SITES INCLUDING THE LAKE HOLES - LARGE HIDING CAVES USED DURING THE CHAGGA – MASAI WARS, VISIT A WOOD CARVING SCHOOL, MEET A LOCAL BLACKSMITH USING ETHNIC METHODS TO PREPARE SPEARS AND TOOLS, AND EXPERIENCE CHAGGA CULTURE BY VISITING A TRADITIONAL CHAGGA HOUSE.

TRIBAL VISIT

HADZABE AND DATOGA

LAKE EYASI IS LOCATED IN THE RIFT VALLEY, SOUTH OF NGORONGORO HIGHLANDS. THIS SALINE LAKE IS HOME TO VARIOUS RARE FISH SPECIES, RARE BIRDS AND REPTILES TO MENTION A FEW. IT IS BEAUTIFULLY FRINGLED BY THE GREAT RIFT WALLS TO THE WEST AND THE HIGHLAND TO THE NORTH OFFERING A MAGNIFICENT VIEW. THIS GREAT LANDSCAPE IS HOME TO THE LAST KNOWN HUNTER-GATHERER COMMUNITY THE "HADZABE" LIVING BY HUNTING, HONEY AND FRUIT GATHERING LIFE STYLE. EXPERIENCE THE LIFE OF NOMADIC DATOGA LIVING CLOSER TO THE HADZABE.

THE FOLLOWING IS ON OFFER:

- FISH WITH LOCAL FISHERMEN IN LAKE EYASI.
- CANOEING SAFARI IN LAKE EYASI; BUSHMEN (HADZABE) TREKKING DAY, TRIP TO HADZABE HIDING CAVES, PROCEED TO A HADZABE TREKKING STARTING POINT THAT CHANGES SEVERAL TIMES DUE TO THEIR NOMADIC LIFE.

ITINERARY

- WALK IN THE BUSH RICH WITH WILDLIFE TO TRACE THE BUSHMEN.
- VISIT HADZABE BASES AND HAVE A GLIMPSE OF AUTHENTIC HADZABE WAY OF LIFE.
- EXPERIENCE A BUSHMEN TREKKING ADVENTURE. THIS ADVENTURE WILL GIVE YOU A DEEP INSIGHT OF HADZABE CULTURE.
- WALK AROUND IDENTIFYING INDIGENOUS PLANTS ROOTS AND TUBERS, FRUITS, HERB, LEAVES AND WILD SEEDS THAT ARE USED BY BUSHMEN FOOD AND MEDICINE.
- GET AN OPPORTUNITY TO DISCOVER PLANTS USED FOR MAKING POISON ARROWS AND WAYS USED IN EXTRACTING SUCH POTENT POISONOUS EXUDATES.
- PARTICIPATE IN COLLECTING FRUITS, WILD HONEY GATHERING AND TRY YOUR SKILLS ON USING HADZABE BOW AND ARROW, TRY YOUR LUCK IN A HUNT.
- A VISIT TO BUSHMEN CAVES ON ROCKS WITH PAINTS DATOGA CULTURAL TOUR DRIVE TO DATOGA RESIDENT AREA.
- MAKE A TOUR TO BOMA WHERE YOU WILL MEET A FAMILY, LISTEN TO STORIES ABOUT THEIR WAY OF LIFE.
- VISIT DATOGA TRADITIONAL HEALER AND DISCOVER TRADITIONAL HERBS THAT CURE VARIOUS DISEASES.
- VISIT DATOGA BOMA AND HAVE A GLIMPSE OF DATOGA CULTURE.
- VISIT TO BLACK SMITH, EXPERIENCE THE ANCIENT BLACK SMITH SKILLS.



HADZABE HUNTERS AND GATHERERS



HADZABE COLLECTING HONEY



HADZABE HUNTER

TRIBAL VISIT

ENGARESERO

ENGARESERO VILLAGE IS LOCATED ON THE SOUTHERN SIDE OF THE FAMOUS LAKE NATRON. LAKE NATRON IS A SALT LAKE LOCATED IN THE NORTHERN TANZANIA, CLOSE TO THE KENYAN BORDER, IN THE EASTERN BRANCH OF THE EAST AFRICAN RIFT VALLEY. THE LAKE FALLS WITHIN THE LAKE NATRON BASIN WETLANDS OF INTERNATIONAL IMPORTANCE RAMSAR SITE. IT FORMS A MAJOR BREEDING GROUND FOR LESSER FLAMINGOS WORLDWIDE. ITS BEAUTY WITH THOUSANDS OF FLAMINGO FLOCKS IS ASTONISHING. ON THE SOUTHERN SIDE IT BORDERS THE MAJESTIC AND BEAUTIFULLY SCENERY OF THE NGORONGORO HIGHLANDS. IT IS IN THIS VILLAGE WHERE OLDOINYO LENGAI (THE MAASAI NAME MEANING "THE MOUNTAIN OF GOD") IS LOCATED. THIS CONE SHAPED MOUNTAIN IS THE ONLY ACTIVE VOLCANO IN THE WORLD THAT PRODUCES NATRO CARBONATITE LAVA, A UNIQUE OCCURRENCE OF VOLCANIC CARBONATITE. THE TEMPERATURE OF ITS LAVA AS IT EMERGES IS ONLY AROUND 510° C (950° F). A FEW OLDER EXTINCT CARBONATITE VOLCANOES ARE LOCATED NEARBY WAITING YOU TO EXPLORE.

ENGARESERO IS ALSO RICH IN MAASAI CULTURAL HERITAGE. THE MAASAI COMMUNITY IN ENGARESERO CONTINUES TO PRACTICE ITS AGE OLD PASTORAL WAYS OF KEEPING LIVESTOCK, MOVING THEIR HERDS IN HARMONY WITH NATURE'S PATTERNS. THE TIME-TESTED WAYS OF THE MAASAI ARE ENVIRONMENTALLY SUSTAINABLE- AND BENEFICIAL TO WILDLIFE. THE FOOD AND AGRICULTURE ORGANISATION OF THE UNITED NATIONS HAS THEREFORE DESIGNATED ENGARESERO AS A GLOBALLY IMPORTANT AGRICULTURAL HERITAGE SYSTEMS (GIAHS) SITE.

THE FOLLOWING TOURS ARE ORGANIZED FOR YOU BY ENGARESERO COMMUNITY BASED ORGANIZATION;

- VILLAGE TOUR
- HOT SPRING VISIT
- VISIT TO THE WATERFALLS
- BIKING TO ORPUR CAVES
- VISIT TO THE FOOTPRINTS
- VISIT RIFT VALLEY ESCARPMENT, EMBULULU CRATER AND LEPARAKASH PLAINS.
- OLDOINYO LENGAI TREKKING
- MAASAI ETHNO-BOTANIC/HERBAL TOUR
- HERDING TOUR

ITINERARY

HOT SPRING TOUR (3 HOURS)

THE TOUR STARTS FROM THE VILLAGE TOURISM OFFICE AT ENGARESERO THEN PROCEED TO THE BABOON CAVES. FROM BABOON CAVES ONE DRIVES TO THE SECOND STOP POINT AT THE LAKE SHORE FOR BIRD WATCHING. DRIVE FURTHER DOWN THROUGH ACACIA WOODLAND AND ON THE SIDE OF RIFT VALLEY ESCARPMENT TO THE LAST POINT ON A MAJOR HOT SPRING THROUGH OTHER NUMEROUS SMALL HOT SPRINGS.

WATERFALLS TOUR (2 HOURS)

THE TOUR STARTS FROM THE CBO OFFICE AT ENGARESERO THEN TAKES ITS WAY TO THE RIFT VALLEY ESCARPMENT WHERE VEHICLES STOP. TOURISTS GETS OFF THE VEHICLE AFTER TRAVELLING 3KMS, THEN START WALKING ALONG THE ENGARESERO RIVER GOEGES TOWARDS THE WATERFALLS. THE WALKING TOUR TO & FROM THE WATERFALLS TAKES TWO HOURS (BUT IT DOES DEPEND ON THE TIME SPENT ENJOYING THE FALLS AND WATER AT THE DESTINATION).

TRIBAL VISIT

ENGARESERO ITINERARIES

PLAINS TO ENGARESERO VILLAGE TOUR (FROM THE ROOF TO THE FLOOR) (2 HOURS)

THE TOUR STARTS AT THE TOP OF RIFT VALLEY ESCARPMENT WHERE ONE LEAVES BACK 4X4 SAFARI VEHICLE AND ENJOYS THE PLAINS OF THE WET SEASON PASTURES FOR MAASAI LIVESTOCK AND WILDLIFE. GET A BREATHTAKING VIEW OF THE LAKE NATRON AND OTHER VOLCANIC FEATURES FOUND DOWN IN THE RIFT VALLEY. WALK DOWN TO THE VALLEY THROUGH A WALKING TRAIL DEVELOPED DURING COLONIAL TIMES. EXPLORE VARIOUS MEDICINAL PLANTS FOUND ON THE RIFT VALLEY WALL AS YOU DESCEND TO ENGARESERO VILLAGE.

OLDONYO LENGAI TREKKING (10-12 HOURS ASCENDING & DESCENDING)

TREKKING THIS VOLCANIC ACTIVE MOUNTAIN TAKES PLACE AT NIGHT. ASCENDING STARTS AT 00:00 THEN CONQUER THE SUMMIT AROUND 6:00A.M, START DESCENDING BEFORE IT GETS HOT AND SO REFLECTIVE ON THE VOLCANIC ASH. ENJOY A NICE BREATH TAKING AND HAIR RAISING VIEW OF THE GORGES AND SURROUNDING VOLCANIC FEATURES OF THE MOUNTAIN. GET TO KNOW THE RITUAL SITES ALONG THE MOUNTAIN TREKKING ROUTE USED BY MAASAI AS THEY BELIEVE THIS IS THE MOUNTAIN OF GOD. LOCAL TOUR GUIDES WILL ASSIST YOU IN THIS CHALLENGING CLIMB. ETHNO-BOTANIC TOUR (2 HOURS) THE TOUR STARTS AT THE CBO OFFICE THEN TAKES A ROUND WALK IN THE BUSH WHERE VARIOUS HERBS WILL BE IDENTIFIED AND ITS MEDICINAL CONTENT EXPLAINED BY THE MAASAI WARRIORS. GET TO KNOW VARIOUS HERBS THAT TREAT VARIOUS DISEASES SUCH AS FEVER, MALARIA, PNEUMONIA, CHEST COMPLICATIONS, STERILITY AND THEIR USE. LEARN HOW TO PREPARE VARIOUS HERBAL PLANTS READY TO CONSUME.

HERDING TOUR (2 HOURS)

THE TOUR IS CONDUCTED IN DIFFERENT AREAS AT DIFFERENT SEASONS OF THE YEAR DUE TO LIVESTOCK PASTURE ROTATION. ONE WILL GET TO VISIT THE MAASAI HERDING CATTLE & GOATS WHERE AN OPPORTUNITY TO LEARN ABOUT LIVESTOCK KEEPING AND WAYS TO LOOK FOR NICE PASTURES AROUND IS GUARANTEED. VISITORS WILL GET TO SEE AND APPRECIATE DIVISION OF LABOR AMONGST FAMILY MEMBERS IN TAKING CARE OF THE LIVESTOCK, WHICH IS THE MAIN MAASAI ECONOMIC ACTIVITY AND THE CENTRE OF THEIR CULTURE. THE TOUR IS DONE IN THE EVENING AS THE LIVESTOCK ARE ABOUT TO GET BACK INTO A BOMA WHERE MILKING ACTIVITIES AND HEADING CATTLE AND GOATS IN THEIR RESPECTIVE KRAALS TAKES PLACE.

TRIBAL VISIT

ENGARUKA

ENGARUKA, SITUATED 63 KM NORTH OF MTO WA MBU, ON THE ROAD TO OLDONYO LENGAI AND LAKE NATRON LIES AT THE FOOT OF THE RIFT VALLEY ESCARPMENT. IT IS AN IMPORTANT HISTORIC SITE AS SOME 500 YEARS AGO, A FARMING COMMUNITY OF SEVERAL THOUSAND PEOPLE CHOSE TO DEVELOP AND INDIGINOUS IRRIGATION AND CULTIVATION SYSTEM HERE. FOR UNKNOWN REASONS, THE FARMERS LEFT ENGARUKA AROUND 1700, BUT THE RUINS TALK VOLUMES ABOUT THE HIGHLY SPECIALIZED AGRICULTURAL ECONOMY.

THE PEOPLE OF ENGARUKA OFFER VISITORS

THE FOLLOWING ATTRACTIONS:

- A GUIDED VISIT TO ONE OF THE OLDEST AFRICAN IRRIGATION SYSTEMS
- A VISIT TO THE MAASAI CATTLE MARKET
- A VISIT TO A MAASAI BOMA
- WALKING SAFARIS IN AN AREA OF OUTSTANDING BEAUTY
- A LOOK AT THE LOCAL COMMUNITY LIFE.

ITINERARY

HALF DAY TOURS

VISIT TO THE RUINED CITY YOU CAN SEE THE REMNANTS OF THE RUINED CITY OF ENGARUKA. THE GUIDE WILL HELP YOU TO IDENTIFY OLD GRAVES, HOUSE WALLS, IRRIGATION CANALS AND TERRACES, AND EXPLAIN THE VARIOUS THEORIES ABOUT THE RISE AND FALL OF THE FARMING COMMUNITY. ENJOY ENROUTE, THE COLOURFUL BIRDS AND BUTTERFLIES, REMNANTS OF THE GERMAN ERA, AND ALSO VISIT AN 'ORPUL' OR MAASAI SLAUGHTER-HOUSE.

ENGARUKA FARMING TOUR

FROM THE RUINS, WALK TO THE VILLAGE OF ENGARUKA, ENROUTE, VISIT SEVERAL FARMS AND LEARN ABOUT VARIOUS FARMING AND IRRIGATION METHODS. THE GUIDE WILL THROW LIGHT ON THE TRIBAL BACKGROUND OF THE VILLAGE. ON THE WAY BACK, VISIT THE MARKET AREA LOCATED IN THE SHADE OF AN AFRICA TULIP TREE AND A HUGE MKUYU TREE.

RIFT VALLEY ESCARPMENT TOUR

FROM THE RUINED CITY, NARROW FOOTPATHS WIND UP THE RIFT VALLEY ESCARPMENT. CLIMB THE ESCARPMENT GUIDED BY A MAASAI WARRIOR, WHO WILL HELP YOU SPOT MANY COLOURFUL BIRDS AND SHOW YOU TREES AND PLANTS THAT THE MAASAI USE FOR MAKING FOOD AND MEDICINES.

ONE DAY TOUR

KERIMASI MOUNTAIN CLIMB NORTH OF ENGARUKA IS THE GREEN MOUNTAIN OF KERIMASI. THE CLIMB TAKES THREE TO FOUR HOURS FROM THE FOOT TO THE SUMMIT. FROM THE TOP, YOU SEE IMPRESSIVE VIEWS OF OLDOINYO LENGAI, LAKE NATRON, THE NGORONGORO HIGHLANDS AND THE MOUNTAINS OF KITUMBEINE AND GELAI. THE DESCENT TAKES ABOUT TWO HOURS.

TRIBAL VISIT

ENGARUKA ITINERARIES

TWO DAY TOUR

HIKE TO OLDOINYO LENGAI CONQUER OLDOINYO LENGAI OR 'THE MOUNTAIN OF GOD' IN MAASAI PARLANCE. ON THE FIRST DAY, YOU CLIMB KERIMASI MOUNTAIN AND DESCEND ON THE NORTH SIDE TO CAMP AT THE FOOT OF OLDOINYO LENGAI, THE ONLY ACTIVE VOLCANO IN TANZANIA.

ON THE MORNING OF THE SECOND DAY, START THE 4-5 HOUR CLIMB TO THE TOP, WHERE YOU CAN EVEN ENTER THE CRATER TO WATCH THE VOLCANIC ACTIVITY. THE DESCENT TAKES ABOUT 2 1/2 HOURS.

TRIBAL VISIT

MIRERANI TANZANITE

MIRERANI IS A SMALL VILLAGE LOCATED ONLY 39 KMS SOUTH-EAST OF ARUSHA TOWN. IT ONLY TAKES 15 MINUTES DRIVE FROM KILIMANJARO INTERNATIONAL AIRPORT (KIA) AND 1 TO 1.5 HOURS FROM MOSHI AND ARUSHA TOWNS THAT ARE APPROXIMATELY 65KMS AWAY. A SMALL TOWN OF MIRERANI SURROUNDED BY BEAUTIFUL HILLS IS THE ONLY PLACE WHERE TANZANITE MINING TAKES PLACE WORLDWIDE. THIS MAKES IT A DESTINATION OF ITS OWN UNIQUE TYPE WHERE AUTHENTIC MAASAI CULTURE MIXES WELL WITH TANZANITE MINING BUSINESS.

WE PEOPLE OF MIRERANI HAVE ORGANIZED THE FOLLOWING FOR YOU;

- A TANZANITE MINING EXPERIENCE TOUR
- A VISIT TO TANZANITE LOCAL MARKET DOMINATED BY MAASAI
- A MAASAI CULTURAL VILLAGE TOUR
- A WALKING SAFARI IN WILDLIFE RICH AREAS
- A VISIT TO CHEMKA HOT SPRINGSCHOOLS VISITS
- A VISIT TO ORPHANAGE CENTRE
- A VOLUNTEERING EXPERIENCE IN SCHOOL, ORPHANAGE CENTRE AND HEALTH PROJECTS

ITINERARY

HALF DAY TOURS: 2-5 HOURS

OPTION 1: MIRERANI VILLAGE TOUR

A WELCOME TO MIRERANI WILL TAKE YOU IN A TANZANITE GALLERY WHERE CUTTING AND SEE VARIOUS GEMSTONES ON DISPLAY. THE TOUR WILL PROCEED TO THE MINING AREA ON THE HILLS WHERE YOU WILL GET TO KNOW HOW MINING IS DONE IN THE AREA. HERE ONE WILL IDENTIFY VARIOUS OTHER GEMSTONES FOUND NEAR THESE BLUE ROCKS SUCH AS GREEN GARNET, MOONLIGHT AND RODLIGHT. YOUR WALK INSIDE THE TUNNELS TO THE BLUE ROCK SURFACE IS A LIFETIME ADVENTURE WHERE YOU WILL LEARN HOW TANZANITE IS EXPLORED FROM SUCH HARD ROCKS AND THEN COLLECTED READY TO BE SOLD AT THE LOCAL MARKET OR GET PROCESSED FOR EXPORT. GETTING OUT OF THE MINING AREA TO THE LOCAL MARKET OF TANZANITE, ONE WILL BE AMAZED BY A BEAUTIFUL VIEW OF MOUNT MERU AND THE ROOF OF AFRICA 'THE KILIMANJARO'

OPTION 2: MAASAI VILLAGE CULTURAL WALK

YOU WILL PROCEED TO AUTHENTIC MAASAI VILLAGE WHERE YOU WILL STAY FOR A COUPLE OF HOURS LEARNING AND EXPERIENCING THE MAASAI WAY OF LIFE/DO A WALKING SAFARI IN THE MAASAI TERRITORY WHERE ENCOUNTER WITH LOCAL PEOPLE PARTICIPATING ON THEIR DAILY ACTIVITIES IS GUARANTEED. LEARN HOW PEOPLE ARE LINKED TO WILDLIFE AND THE ENVIRONMENT WHERE THEY GET THEIR FOOD AND MEDICINE. ON YOUR WAY BACK PASS BY A LOCAL SCHOOL FOR A QUICK INTERACTION WITH STUDENTS AND THEIR TEACHERS.

TRIBAL VISIT

MERERANI TANZANITE ITINERARIES

OPTION 3:

MIRERANI TANZANITE LOCAL MARKET VISIT

YOU WILL WALK TO OUR TANZANITE GALLERY WHERE CUTTING AND DISPLAY OF VARIOUS GEMSTONES IS DONE. THEN TAKE A SHORT WALK IN MIRERANI VILLAGE TO THE TANZANITE DAILY OPERATING LOCAL MARKET WHERE ONE WILL GET AN OPPORTUNITY TO INTERACT WITH LOCAL MINERS, BROKERS AND THE BUYERS FROM VARIOUS AREAS. GET TO KNOW HOW TANZANITE BUSINESS OPERATES IN THIS RURAL SETTING.

FULL DAY TOURS: (5-8 HOURS)

OPTION 1.

THE TOUR WILL HAVE ALL COMPONENTS OF OPTION 1 FOR HALF DAY TOURS AND THEN VISITS TO SCHOOL AND ORPHANAGE CENTRE WILL BE DONE AFTER YOUR TRADITIONAL LUNCH.

OPTION 2.

TANZANITE EXPERIENCE TOUR

WILL BE COMBINED WITH MAASAI VILLAGE CULTURAL WALK

OPTION 3.

A VISIT TO CHEMKA HOT SPRING

WILL TAKE SOME HOURS ON A DRIVE THROUGH SAVANNA VEGETATIONS RICH IN WILDLIFE. AFTER YOU DRIVE, ONE WILL ARRIVE AT THE HOT SPRING THAT HAS HUNDREDS OF BELIEFS FROM LOCAL PEOPLE AROUND. GET TO KNOW WHAT LOCAL PEOPLE BELIEVE ABOUT THE SPRING AND THE SURROUNDING AREA

EXTRA ACTIVITIES:

- LEARN HOW TO PREPARE TRADITIONAL AFRICAN CUISINES
- GET YOUR HAIR BRAIDED
- VISIT A VEGETABLE MARKET AND INTERACT WITH LOCAL BUSINESS PEOPLE
- PARTICIPATE ON DAILY AFRICAN HOME CHORES IN A FAMILY OF YOUR CHOICE
- VISIT COMMUNITY DEVELOPMENT PROJECTS

TRIBAL VISIT

MONDULI JUU

MONDULI JUU, SITUATED 50 KM NORTH-WEST OF ARUSHA, IS A CLUSTER OF FOUR SMALL VILLAGES - EMAIRETE, ENGUIKI, ELUWAI AND MFEREJI.

THE FOLLOWING IS ON OFFER TO VISITORS

- A PICTURESQUE JOURNEY THROUGH THE EVERGREEN RAIN FOREST
- A MEDICINAL TOUR OF PLANTS AND HERBS, WHICH INCLUDES A VISIT TO A TRADITIONAL MAASAI HERBS DOCTOR
- A VISIT TO NARAMATU - A SMALL FACTORY WHERE MAASAI WOMEN MAKE ETHNIC JEWELLERY
- A CHANCE TO HAVE A 'NYAMA CHOMA' (ROAST MEAT) WITH THE MAASAI.
- PANORAMIC VIEW OF THE RIFT VALLEY, OLDONYO LENGAI AND LAKE NATRON
- AN INSIGHT INTO THE CULTURE OF THE MAASAI AND WAARUSHA THERE ARE TOURS AVAILABLE FOR HALF DAY, FULL DAY, AND TWO/THREE/FOUR DAYS

ITINERARY

HALF DAY TOURS

THE 'KONA SABA' ESCARPMENT CLIMB

THE TOUR STARTS AT MFEREJI VILLAGE AND INCLUDES A VISIT TO A MAASAI BOMA, A WALK THROUGH TREE SAVANNA TO THE FOOT OF THE ESCARPMENT AND THE ASCENT TO THE TOP FROM WHERE YOU GET PANORAMIC VIEWS OVER THE RIFT VALLEY.

THE EVERGREEN RAINFOREST TOUR

START FROM ENGUIKI AND WALK TO THE EASTERN PEAK OF THE MONDULI MOUNTAINS. ENROUTE TO A WATER SOURCE, SEE TREES, BIRDS AND ANIMALS.

FULL DAY TOUR

MEDICINAL HERBS TOUR

THE TOUR STARTS AT EMIRATE DAM AND TAKES YOU PAST THE MAASAI CHURCH, PRIMARY SCHOOL AND KINDERGARTEN PROJECT UP TO NARAMATU. FURTHER UP THE MOUNTAIN, ENJOY THE SCENIC VIEWS. SAVOUR LUNCH IN A MAASAI BOMA BEFORE VISITING A TRADITIONAL MAASAI HERBS DOCTOR.

TWO DAY TOUR

OLKARAY TOUR

VISIT THE ESSERIAN MAASAI CAMP AND SOMINEN DAM SITE, A MAASAI BOMA AND 'ORPUL' - A TRADITIONAL MAASAI ME AT CAMP - ON THE FIRST DAY. ON THE SECOND DAY, WALK TO OLKARAY, THE RED CLAY THAT IS USED BY THE MAASAI TO COLOUR THEIR FACE AND HAIR.

TRIBAL VISIT

MONDULI JUU ITINERARIES

THREE DAY TOUR

ILMORJO-ENGUIKI TOUR

ON THE FIRST DAY, VISIT THE ESSERIAN MAASAI CAMP AND SOMINEN DAM SITE. NEXT DAY, WALK THROUGH O' LIYAMEI VALLEY, SOKOINE DAM AND THE DIPPING TANK. SPEND THE NIGHT AT NARAMATU CAMP. ON THE THIRD DAY, VISIT ENGUIKI AND BISMARCK' S PALACE.

FOUR DAY TOUR

COMPREHENSIVE TOUR FROM ENGUIKI NORKUMAN CAMP FOR THREE NIGHTS IN ENGUIKI VILLAGE. ON THE FIRST DAY, VISIT THE FAMOUS WATER HOLE AND ASCEND TO THE 'KONA SABA' ESCARPMENT. ON THE SECOND DAY, GO TO MFEREJI AND A MAASAI BOMA. ON THE THIRD, VISIT THE PRIMARY SCHOOL, DISPENSARY AND MONDULI FOREST IN ENGUIKI VILLAGE. ON THE LAST DAY, VISIT EMIRATE VILLAGE TO SEE THE EX-EYE HOSPITAL, PRIMARY SCHOOL, DISPENSARY AND KINDERGARTEN PROJECT. CUSTOMISED TOURS CAN BE ORGANIZED.

TRIBAL VISIT

MTO WA MBU

MTO WA MBU IS SITUATED ON THE WAY FROM ARUSHA TO THE NATIONAL PARKS IN NORTHERN TANZANIA, JUST AT THE FOOT OF THE RIFT VALLEY. LOCATED ON THE WAY TO NGORONGORO AND SERENGETI, IT IS AN IDEAL RESTING PLACE FOR MOST SAFARI TRAVELLERS.

- A VISIT TO MTO WA MBU INCLUDES:
- A WALK THROUGH THE FARMS IN THE GREEN OASIS AT THE FOOT OF THE RIFT VALLEY
- A CLIMB TO BALAA HILL FROM WHERE YOU CAN SEE THE WHOLE TOWN
- A VIEW INTO THE CULTURE OF THE MANY DIFFERENT TRIBES LIVING IN THE AREA
- A TRIP TO THE MIWALENI LAKE AND WATERFALL
- VISIT TO DEVELOPMENT PROJECTS THAT AIM AT IMPROVING AGRICULTURE AND START INCOME GENERATING ACTIVITIES FOR THE FARMERS
- EXPLANATION ABOUT THE IRRIGATION SYSTEM

ITINERARY

CLIMBING BALAA HILL (3 - 6 HOURS)

CLIMB TO THE TOP OF THE RIFT VALLEY WALL FOR BREATH-TAKING VIEWS OF LAKE MANYARA, THE VILLAGE OF MTO WA MBU, AND THE MAASAI STEPPE BEYOND. ALSO, SEE A DIVERSE ARRAY OF LOCAL BIRD SPECIES AND MAGNIFICENT 2,000 YEAR OLD BAOBAB TREES.

MAASAI BOMA TOUR (3-4 HOURS)

VISIT A MAASAI BOMA AND SEE THE LIFESTYLE OF THIS LEGENDARY TRIBE UP-CLOSE. ALONG WITH A GUIDED TOUR OF THE BOMA AND AN INTRODUCTION TO THE LOCAL MAASAI POPULATION, TRIBESMEN WILL OFFER TO PAINT TRADITIONAL MAASAI TATTOOS FOR VISITORS AND EVEN LET THEM MILK THEIR PRIZED COWS.

MAASAI MARKET TOUR (2-4 HOURS)

HUNDREDS OF MAASAI GATHER EACH THURSDAY AFTERNOON AT THE BUSTLING MAASAI MARKET, WHERE VISITORS HAVE THE CHANCE TO SEE THEIR CRAFTS AND TASTE THEIR FOOD, INCLUDING THE FAMOUS MAASAI BBQ. A LARGER, VILLAGE-WIDE MARKET OCCURS ON THE 22ND OF EACH MONTH.

VILLAGE WALK (2-4 HOURS)

GET AN INSIDE LOOK AT THE HOMES AND EXQUISITE CRAFT OF MTO WA MBU'S MANY TRIBES. VISITORS WILL GET A CHANCE TO MEET LOCALS AND LEARN ABOUT BANANA BEER, MAKONDE WOODCARVINGS, AND THE TRIBAL PAINTING TECHNIQUES; THE VILLAGE PROVIDES A GREAT INTRODUCTION TO EVERYDAY LIFE IN AFRICA.

TRIBAL VISIT

MTO WA MBU ITINERARIES

FARM TOUR (1-4 HOURS)

SEE THE INNOVATIVE FARMING PRACTICES OF MTO WA MBU VILLAGERS AND LEARN ABOUT THE IRRIGATION SYSTEM THAT SUSTAINS LOCAL CROPS, INCLUDING THE 32 VARIETIES OF BANANAS.

MIWALENI WATERFALL AND LAKE TOUR (3-5 HOURS)
BIKE OR HIKE TO THIS IMPRESSIVE LAKE AND WATERFALL, BOTH LINED WITH THRIVING PAPYRUS PLANTS. AT NIGHT, LEOPARDS AND HIPPOS FREQUENT THE AREA, BUT DURING THE DAY, VISITORS CAN SWIM IN THE REFRESHING POOL BENEATH THE FALLS.

LUNCH AT MAMA' S (1-2 HOURS)

ENJOY A DELICIOUS, HOME-COOKED MEAL IN A LOCAL MOM' S HOME. OVER LUNCH, THE GUIDE WILL PROVIDE A HISTORY OF THE REGION AND THE MANY LOCAL TRIBES.



MASAI HERDSMEN



MASAI WARRIOR

TRIBAL VISIT

IKOMA

IKOMA CULTURAL TOURISM IS SITUATED ON THE WESTERN SIDE OF SERENGETI NATIONAL PARK 90 KM FROM IKOMA GATE. IKOMA CULTURAL TOURISM EXPOSES VISITORS THE WAY OF LIFE OF IKOMA PEOPLE.

WE PEOPLE OF MIRERANI HAVE ORGANIZED THE FOLLOWING FOR YOU;

- A TANZANITE MINING EXPERIENCE TOUR
- A VISIT TO TANZANITE LOCAL MARKET DOMINATED BY MAASAI
- A MAASAI CULTURAL VILLAGE TOUR
- A WALKING SAFARI IN WILDLIFE RICH AREAS
- A VISIT TO CHEMKA HOT SPRINGSCHOOLS VISITS
- A VISIT TO ORPHANAGE CENTRE
- A VOLUNTEERING EXPERIENCE IN SCHOOL, ORPHANAGE CENTRE AND HEALTH PROJECTS

ITINERARY

IKOMA TRIBE CULTURAL TOUR & NYICHOKA HILL
HIKING (2-3 HOUR)

AFTER A WARM WELCOME AT THE IKOMA CULTURAL
CENTRE, A ROUND TOUR IN THE IKOMA CULTURAL
MUSEUM WILL

GIVE YOU AN INSIGHT OF THE HISTORY OF THE PEOPLE
AND THEIR WAY OF LIFE. GET TO KNOW THEIR ORIGIN
AND THEIR DAILY ACTIVITIES THAT ORIGINATED FROM
HUNTING AND GATHERING ALONG THE SERENGETI
MIGRATION. A TOUR OF A SHORT HIKE TO NYICHOKA
HILL WILL TAKE YOU TO A PANORAMIC VIEW OF THE
VILLAGE. ON THE WAY UP, GET TO KNOW DIFFERENT
SPECIES OF TREES AND ANIMALS WHICH ARE FOUND IN
THE AREA AND HOW LOCAL PEOPLE USE THEM. AN
ENTERTAINMENT BY IKOMATRADITIONAL DANCERS IS
GUARANTEED TO VISITORS ON REQUEST.

IKOMA BOMA TOUR (1-3 HOURS)

VISIT IKOMA BOMAS AND SEE THE LIFE STYLE OF THIS
TRIBE, YOU CAN SEE HOW THEY PREPARE THEIR FOOD
ALSO YOU WILL HAVE A STORY TELLER NARRATING A
VERY INTERESTING TRADITIONAL HISTORY OF IKOMA
PEOPLE.

FARM TOUR (2-4 HRS)

VISIT THE VILLAGE FARMERS, THE GUIDE WILL BE
EXPLAINING DIFFERENT METHODS OF FARMING PRAC-
TICED BY IKOMA PEOPLE AND SHOW OTHER ECONOMIC
ACTIVITIES PRACTICED SUCH AS BEE KEEPING AND
ENVIRONMENTAL CONSERVATION INITIATIVES.

TRADITIONAL FIRE MAKING

THE ENERGETIC WAIKOMA TRADITIONAL FIRE MAKING
WHERE BY THE PEOPLE MAKE FIRE USING TREE AND
THEY CONSERVE THE
ENVIRONMENT BECAUSE ONE SMALL PIECE OF TREE
CAN MAKE FIRE IN MANY YEARS.

ITINERARY

HERDING TOUR (2 HOURS)

THE TOUR IS CONDUCTED IN DIFFERENT AREAS AT DIFFERENT SEASONS OF THE YEAR DUE TO LIVESTOCK PASTURE ROTATION.

ONE WILL GET TO VISIT THE IKOMA PEOPLE HERDING CATTLE & GOATS WHERE AN OPPORTUNITY TO LEARN LIVESTOCK KEEPING AND WAYS TO LOOK FOR NICE PASTURES AROUND IS GUARANTEED. VISITORS WILL GET TO SEE AND APPRECIATE DIVISION OF LABOR AMONGST FAMILY MEMBERS IN TAKING CARE OF THE LIVESTOCK WHICH IS THE MAIN IKOMA PEOPLE ECONOMIC BASE. THE TOUR IS DONE IN THE EVENING OR MORNING HOURS FROM THE TIME CATTLE & GOATS ARE ABOUT TO GET OUT OR BACK INTO A BOMA WHERE MILKING ACTIVITIES AND HEADING CATTLE AND GOATS IN THEIR RESPECTIVE PASTURES OR KRAALS TAKES PLACE. THE VISIT WILL GIVE YOU A CHANCE TO SEE HOW THE IKOMA MILK THEIR COWS AS THIS PRACTICE IS PERFORMED DAILY IN THE MORNING AND EVENING.

TRADITIONAL DANCE (30MINUTES- 1HOUR)

THE ENERGETIC WAIKOMA TRADITIONAL DANCE WILL GIVE YOU AN INSIGHT INTO WAIKOMA CULTURE BY THEIR CAPTIVATING SONGS AND DANCING. YOU CAN EXPERIENCE AND EVEN PARTICIPATE IN VARIETY OF DANCES SYMBOLIZING VARIOUS OCCASIONS AND TRADITIONAL EVENTS SUCH AS MARRIAGE CEREMONY, DANCE FOR BRIDE PRICE GIVING, BIRTH OF FIRST BORN, DANCE WHEN PREPARING THEIR FOOD, WARRIORS AND VICTORY CELEBRATIONS.

VOLUNTEER PROGRAMME

IKOMA COMMUNITY RECEIVES VOLUNTEERS WHO ARE INTERESTED TO WORK IN HEALTH, COMMUNITY DEVELOPMENT, EDUCATION AND ART TRAINING. IF INTERESTED, PLEASE LET US KNOW SOON SO THAT WE CAN ARRANGE A WONDERFUL VOLUNTEERING EXPERIENCE FOR YOU.

COMMUNITY DEVELOPMENT PROJECTS (SCHOOL AND HEALTH CENTRES)

VISIT A LOCAL SCHOOL WHERE YOU CAN INTERACT WITH THE STUDENTS AND TEACHERS. ARRANGEMENTS ARE MADE TO ALLOW MAXIMUM INTERACTION WITH STUDENTS WHERE YOU CAN EXCHANGE AND LEARN FROM EACH OTHER, PLAY VARIOUS GAMES.

ITINERARY

SCHOLARSHIP PROJECT

IKOMA CULTURAL TOURISM HAS BEEN SPONSORING CHILDREN FROM POOR FAMILIES FOR PRIMARY AND SECONDARY EDUCATION. THE PORTION OF THE TOUR FEES HAVE BEEN A MAIN SOURCE OF THE FUNDS TO RUN THIS SPONSORSHIP PROJECT. YOUR VISIT TO IKOMA MAKES A GREAT CONTRIBUTION TO POVERTY REDUCTION AND EDUCATION IMPROVEMENT FOR LOCAL PEOPLE.

TOUR GUIDES

THE GUIDES OF THE CULTURAL TOURISM PROGRAMME ARE INDIGENOUS OF IKOMA AREA WHO SPEAKS ENGLISH AND HAVE EXPERIENCE IN TOUR GUIDING IN THE AREA. THE GUIDES ARE VERY CHARMING AND WILL ACCOMPANY YOU IN VARIOUS SITES AND ACTIVITIES OF YOUR INTEREST.

BOOKINGS FOR VARIOUS EXCURSIONS AND TOURS CAN BE MADE AT TANZANIA TOURIST BOARD TOURIST INFORMATION OFFICES OF ARUSHA AND DAR- ES – SALAAM OR THROUGH YOUR TOUR OPERATOR/ LODGE/ HOTEL. DIRECT BOOKINGS ARE ALSO POSSIBLE THROUGH CONTACTS PROVIDED BELOW.

TRIBAL VISIT

OLDONYO SAMBU

OLDONYO SAMBU IS LOCATED 36 KM NORTH-WEST OF ARUSHA ON THE HIGHWAY TO NAIROBI. THE CENTRE OF OPERATIONS IS OLDONYO SAMBU MARKET (ALSO KNOWN AS MAIKO MARKET)

THE PROGRAMME INCLUDES THE FOLLOWING

- SHORT HIKES UP THE HILLS TO VIEW THE BEAUTIFUL MAASAI LAND AND TO GET A GLIMPSE OF MT. KILIMANJARO, MT. MERU, LONGIDO AND KITUMBEINE
- VISITS TO TRADITIONAL MAASAI BOMAS, MARKETS AND WATERING DAMS
- VISIT TO A TRADITIONAL HEALER AND THE CENTRE OF MAASAI WOMEN SPECIALIZING IN MAKING ORNAMENTS
- HORSE, CAMEL AND DONKEY RIDES ACROSS MAASAI COUNTRY

ITINERARY

HALF DAY TOURS

THE SAFARI STARTS WITH A VISIT TO A MAASAI BOMA TO SEE THE TRADITIONAL LIFESTYLE OF THE TRIBE. HIKE UP THE OLDONYO-WAS HILL TO VIEW THE SURROUNDING PLAINS AND VILLAGES. LATER, HEAD TO THE CENTRE OF MAASAI WOMEN SPECIALIZING IN ORNAMENTMAKING AND TO THE HISTORIC TOWER, A REMINDER OF COLONIALISM. TREK TO A HOLY FIG TREE AND THEREON TO A WATER SPRING.

START BY HIKING UP THE MAREU HILL TO VIEW MT. KILIMANJARO, MT. MERU, LONGIDO, KITUMBEINE AND MONDULI. REST IN A MAASAI BOMA BEFORE HEADING TO MEET A TRADITIONAL HEALER.

FULL DAY TOURS

HIKE UP THE OLDONYO-WAS HILL, THEN REST IN A MAASAI BOMA BEFORE HEADING TO MEET A TRADITIONAL HEALER. VISIT THE WATERING DAMS AND A TRADITIONAL MEAT CAMP OR 'ORPUL'. PROCEED TO THE FIELDS AND TO WATCH LIVESTOCK IN THE LUSH PASTURES OF THE MAASAI. NEARBY IS A ZOO WITH MARABOU STORKS, LEOPARDS AND COLOBUS MONKEYS. TIME PERMITTING, YOU WILL BE SHOWN THE LOCAL METHOD OF BEEKEEPING.

START BY HIKING UP MAREU HILL TO VIEW MT. KILIMANJARO, MT. MERU, LONGIDO, KITUMBEINE AND MONDULI. LATER, REST IN A MAASAI BOMA AND VISIT A TRADITIONAL HEALER. GO ON TO SEE THE HOLY FIG TREE, WATER SPRING, MEAT CAMP AND HISTORIC TOWER. END THE JOURNEY WITH A MEAL PREPARED BY THE MAASAI WOMEN..

OVERNIGHT TOUR

A TAILOR-MADE OVERNIGHT TOUR CAN BE ORGANIZED TO INCLUDE A VISIT TO A MAASAI BOMA, MAASAI MARKET AND TRADITIONAL HEALER. GO TO THE PASTURES TO LEARN ABOUT MAASAI LIVESTOCK AND ENJOY A TRADITIONAL 'NYAMA CHOMA' OR ROAST MEAT MEAL. GETTING THERE: DRIVE DOWN THE NAIROBI ROAD TO THE OLDONYO SAMBU MARKET. ON ARRIVAL, YOU WILL SEE THE SIGNS LEADING TO THE OFFICE.

TRIBAL VISIT

SERENGETI

SITUATED ON THE WESTERN SIDE OF SERENGETI NATIONAL PARK, 45KM FROM IKOMA GATE, SERENGETI CULTURAL TOURISM PROGRAMME EXPOSES VISITORS TO THE WAY OF LIFE OF THE KURYA PEOPLE. GREAT LANDSCAPE WITH ICONIC KOPJES WHICH ARE HABITAT AND BREEDING GROUND FOR VARIOUS MAMMAL SPECIES AND OTHER WILDLIFE CAN BE EXPLORED IN DIFFERENT WAYS THAT MAKES YOU ENJOY. THE AREA AROUND IS LIVE WITH WILDLIFE AND ONE PART IS A SECTION OF THE SERENGETI WILDEBEEST MIGRATION ROUTE WHERE WITH PROPER TIMING, YOU WILL WITNESS ANIMALS ON THE MOVE TO THE NORTHERN PART OF SERENGETI ECOSYSTEM.

THE FOLLOWING ARE ON OFFER

- VISIT TO WAKURYA BOMAS
- MUGUMU TOWN TOUR
- A VISIT TO SERENGETI CULTURAL CENTRE
- CAMPING AT SERENGETI CULTURAL CENTRE
- TRADITIONAL DANCING OF YOUR CHOICE AMONG THE 7 FAMOUS TRIBAL DANCES AROUND
- VISIT TO TRADITIONAL HEALER TO LEARN HOW PEOPLE HAVE BEEN TREATED FROM MEMORIAL TIMES
- VISIT COMMUNITY DEVELOPMENT PROJECTS, LOCAL SCHOOLS AND HEALTH CENTRES FOUND IN THE AREA. SEE HOW PEOPLE ARE STRUGGLING TO OVERCOME THE BIG HUMAN ENEMIES: POVERTY, ILLITERACY AND DISEASE
- FARM TOUR: SEE HOW PEOPLE PRACTICE DIFFERENT FORMS OF AGRICULTURE
- A STAY WITH WAKURYA FAMILY TO ENJOY TRADITIONAL FOOD AND THEIR UNIQUE LIFESTYLE

ITINERARY

HALF DAY TOUR:

WALK THROUGH MUGUMU TOWN,; TO THE LOCAL MARKET, PROCEED TO THE LOCAL ART GALLERY AND LOCAL SHOE MAKERS. PROCEED TO LOCAL SETTLEMENTS IN THE TOWN TO SERENGETI CULTURAL CENTRE WHERE A COLLECTION OF VARIOUS TRADITIONAL ARTEFACTS IS FOUND IN A SMALL MUSEUM. VISIT A LARGE KOPJE FOUND IN THE VILLAGE WHICH IS A BREEDING GROUND FOR VARIOUS MAMMALS AND BIRDS AS WELL.

FULL DAY TOUR

WALK TO THROUGH A VILLAGE AND VISIT A TRADITIONAL WAKURYA BOMA, TO EXPLORE THE CULTURE OF THE PEOPLE WHO HAVE COEXISTED FOR MANY YEARS WITH MIGRATORY WILD ANIMALS OF SERENGETI ECOSYSTEM. VISIT THE KOPJES FOUND ON VILLAGE LAND GET AN INSIGHT OF SMALL SCALE FARMING BY WALKING THROUGH SMALL FARMS OF MILLET, CASSAVA AND MAIZE. PARTICIPATE IN VARIOUS ACTIVITIES SUCH AS: GRAZING CATTLE IN THE FIELD, MILKING CATTLE, FETCHING WATER FROM THE RIVER, PARTICIPATE IN LOCAL FOOD PREPARATION. YOU CAN THEN VISIT A MOST RESPECTED TRADITIONAL HEALER OF THE WAKURYA TRIBE AND LISTEN TO STORIES THAT MAKE PEOPLE UNDERSTAND AFRICAN LIFE IN DEEP. FINALLY VISIT A LOCAL MARKET WITH FRESH FARM PRODUCE AND A CATTLE MARKET FOUND IN OUR HOME TOWN.

ITINERARY

TRADITIONAL DANCING

THE ENERGETIC WA-KURYA TRADITIONAL DANCERS WILL GIVE YOU AN INSIGHT INTO WAKURYA CULTURE BY THEIR CAPTIVATING SONGS AND DANCING. YOU CAN WATCH, EXPERIENCE AND EVEN PARTICIPATE IN A VARIETY OF DANCES SYMBOLISING VARIOUS OCCASIONS AND TRADITIONAL EVENTS SUCH AS: DANCES FOR BRIDE-PRICE GIVING, CIRCUMCISION, MARRIAGE CEREMONY, WARRIORS' VICTORY CELEBRATION AFTER WINNING A WAR, CEREMONY FOR RETIREMENT OF A CHIEF AND OTHER TRADITIONAL EVENTS. TWO OPTIONS EXIST: BRINGING THE DANCE TO THE PEOPLE OR BRINGING PEOPLE TO THE DANCE AT SERENGETI CULTURAL CENTRE COMMUNITY DEVELOPMENT ACTIVITIES: SCHOOLS VISIT AND TREE PLANTING: VISIT A LOCAL SCHOOL WHERE YOU CAN INTERACT WITH STUDENTS AND TEACHERS.

ARRANGEMENTS ARE MADE TO ALLOW MAXIMUM INTERACTION WITH STUDENTS WHERE YOU CAN EXCHANGE AND LEARN FROM TEACH EACH OTHER, PLAY VARIOUS GAMES. THIS IS ALSO ACCOMPANIED BY PLANTING A FRIENDSHIP TREE THAT WILL BEAR YOUR TWO NAMES AS FRIENDS. YOUR NEW FRIEND WILL CONTINUE TAKING CARE OF THE TREE AS A SIGN FOR YOUR FRIENDSHIP. YOU WILL BECOME A REAL FRIEND OF SERENGETI ECOSYSTEM. IT IS AN OPPORTUNITY FOR YOU TO DO SOMETHING SO THAT "SERENGETI SHALL NEVER DIE" .

TRIBAL VISIT

USAMBARA

THE USAMBARA MOUNTAINS SITUATED IN THE NORTH-EASTERN PART OF TANZANIA, ARE KNOWN FOR THEIR PLEASANT CLIMATE, BEAUTIFUL VIEWPOINTS AND FERTILE SLOPES. FAVOURED BY THE GERMANS AND ENGLISH DURING COLONIAL TIMES, THE AREA IS RICH IN HISTORICAL BUILDINGS FROM THE PERIOD.

THE FOLLOWING IS ON OFFER:

- A VISIT TO PANORAMIC VIEWPOINT FROM THE MOUNTAINSIDE
- A VISIT TO SEVERAL DEVELOPMENT PROJECT IN DISTRICT – SOIL CONSERVATION, IRRIGATION, CROSS-BREEDING, A FORESTATION AND HEALTH CARE
- A CLIMB TO KWA MONGO, THE MOUNTAIN HOME TO BEAUTIFUL BUTTERFLIES WALKS THROUGH DENSE NATURAL FOREST AND ALONG SMALL RIVERS THAT RACE DOWNHILL
- A GLIMPSE OF THE HISTORY AND DAILY LIFE OF THE WASAMBARA FARMERS
- A VISIT TO A TRADITIONAL POTTERY VILLAGE THERE ARE MANY ONE DAY WALKING TOURS FROM LUSHOTO:

ITINERARY

MONTESSORI SISTERS OF UBIRI

TAKE A SHORT WALKING TOUR FROM LUSHOTO TO THE CATHOLIC MISSION OF THE MONTESSORI SISTERS IN UBIRI. TASTE AND BUY LOCALLY MADE CHEESE, WINE AND JAM.

IRENTE VIEWPOINT

HIKE UP TO THE IRENTE VIEWPOINT TO GET A PANORAMIC VIEW OF THE MAASAI PLAINS AND MAZINDE VILLAGE. ON THE WAY BACK, VISIT THE IRENTE FARM CHEESE FACTORY AND THE ROYAL VILLAGE OF KWEMBAGO.

USAMBARA FLORA AND FAUNA

WALK THROUGH THE FERTILE FARMLANDS OF JAEGERTAL TO A FRUIT TREE NURSERY AND LEARN ABOUT DIFFERENT VARIETIES OF FRUIT TREES AND THEIR PROPAGATION. CONTINUE UPHILL TO THE VILLAGE OF VULI TO SEE PROJECTS ON SOIL CONSERVATION, IRRIGATION AND FARMING METHODS.

MAGAMBA RAINFOREST

WALK UPHILL FROM LUSHOTO TO THE ROYAL VILLAGE OF KWEMBAGO, WHERE YOU LEARN ABOUT THE CULTURE AND HISTORY THE KILINDI RULING CLAN. PROCEED TO THE MAGAMBA RAINFOREST, HOME TO BLACK AND WHITE COLOBUS MONKEYS. RETURN VIA AN OLD GERMANY MIDDLE SCHOOL, A GERMAN TRENCH DUG DURING THE FIRST WORLD WAR AND THE VILLAGE OF MAGAMBA.

ITINERARY

GROWING ROCK

THE 'GROWING ROCK' TOUR STARTS FROM SONI. WALK TO THE TOP OF KWAMONGO MOUNTAIN, FAMOUS FOR ITS BUTTERFLIES AND ENJOY VIEWS OF SONI, LUSHOTO AND THE HANDENI PLAINS FROM THE PEAK. VISIT THE VILLAGES OF SHASHUI AND KWEMULA ON THE WAY. DESCEND TO THE VILLAGE OF MAGILA AT THE FOOT OF THE 'GROWING ROCK' TO VISIT A SOIL CONSERVATION PROJECT AND LEARN THE MYSTERY BEHIND THE ROCK.

BANGALA RIVER TOUR

FROM THE VILLAGE OF MBUZII, GO DOWN THE STEEP SLOPES TO THE BANGALA RIVER VALLEY. ENROUTE SEE TRADITIONAL IRRIGATION SYSTEMS AND SCENIC VIEWS OF THE MAASAI PLAINS. ON THE WAY BACK, VISIT A LOCAL FARM OR TREE NURSERY.

SEVERAL DAYS TOURS: WESTERN USAMBARAS

FROM LUSHOTO, PASS THROUGH TROPICAL RAIN FORESTS, TREK THE MOUNTAINS AND WALK THROUGH VALLEYS TO THE VILLAGES OF LUZOKI, MANOLO AND SUNGA BEFORE REACHING THE HISTORICAL VILLAGE OF MTAE. ENROUTE, VISIT VARIOUS DEVELOPMENT PROJECTS.

MAZUMBAI FOREST

WALK FROM SONI AND PASS THROUGH KWAMONGO AND MAGILA. CONTINUE TO THE BUMBULI MISSION – A HISTORIC GERMAN SETTLEMENT – AND THE MAZUMBAI RAINFOREST, RAINFOREST, A BIRD-WATCHER'S PARADISE, RETURN VIA THE VILLAGES OF MGWASHI AND KWESINE. NEW WALKING TOURS HAVE BEEN STARTED. THESE INCLUDE A WALK TO THE VIEWPOINT AT THE CARTER'S PLACE, A HIKE UP TO MIGAMBO PEAK, A 3-4 DAY WALK TO MLALO, A SESSION WITH A TRADITIONAL HEALER AND A VISIT TO A MOUNTAIN-SIDE VILLAGE OF POTTERS. CUSTOMIZED TOURS CAN BE ORGANIZED.

WALKING SAFARIS

NGORONGORO CRATER HIGHLANDS - LAKE NATRON

5 NIGHTS / 6 DAYS

- STAGE 1

MORNING DEPARTURE FROM ARUSHA NGORONGORO/HALF DAY
CRATER TOUR WITH LUNCH BOXES/AFTERNOON
PROCEED TO
NAINOKANOKA VIA LEMALA GATE, DINNER AND OVERNIGHT
NAINOKANOKA CAMPSITE

- STAGE 2

AFTER BREAKFAST GUIDED TREKKING VIA OLMOTI AND MUNGE
WATERFALL PROCEED TREKKING TO BULATI VILLAGE & EMBULBUL
DEPRESSION WITH LUNCH BOXES/DINNER AND OVERNIGHT
BULATI CAMPSITE

- STAGE 3

AFTER BREAKFAST TREK TO WARDS EMPAKAAI WITH LUNCH
BOXES, AFTERNOON TREK INTO THE EMPAKAAI CRATER, ASCEND
TO THE RIM, DINNER AND OVERNIGHT EMPAKAAI RIM CAMPSITE.

- STAGE 4

AFTER BREAKFAST PUTTING THE STUFF ON THE DONKEY AND
CONTINUE TREKKING TO ACACIA WITH LUNCH BOXES, WALKING
THROUGH MASAI BOMAS, DINNER AND OVERNIGHT ACACIA CAMPSITE

- STAGE 5

AFTER BREAKFAST CONTINUE TREKKING TO LAKE NATRON WITH
LUNCH BOXES, DINNER AND OVERNIGHT RIVER VIEW CAMPSITE

- STAGE 6

EARLY MORNING CLIMB OF OL DOINYO LENGAI/
LUNCH/AFTERNOON RETURN TO ARUSHA

WALKING SAFARIS
NGORONGORO CRATER HIGHLANDS - LAKE NATRON
3 NIGHTS / 4 DAYS

- **STAGE1**

MORNING DEPARTURE FROM ARUSHA TO EMPAKAAI CRATER RIM, PICNIC LUNCH AFTERNOON TREK INTO THE EMPAKAAI CRATER, ASCEND TO THE RIM, DINNER AND OVERNIGHT EMPAKAAI RIM CAMPSITE.

- **STAGE 2**

AFTER BREAKFAST PUTTING THE STUFF ON THE DONKEY AND CONTINUE TREKKING TO ACACIA WITH LUNCH BOXES, WALKING THROUGH MASAI BOMAS, DINNER AND OVERNIGHT ACACIA CAMPSITE

- **STAGE3**

AFTER BREAKFAST CONTINUE TREKKING TO LAKE NATRON WITH LUNCH BOXES, DINNER AND OVERNIGHT RIVER VIEW CAMPSITE

- **STAGE 4**

EARLY MORNING CLIMB OF OL DOINYO LENGAI/LUNCH/ AFTERNOON RETURN TO ARUSHA.

TRIBAL VISIT

SERENGETI

TREKKING ON MOUNT MAKAROT, TANZANIA

WALKING IN THE NGORONGORO CRATER HIGHLANDS OFFERS SPECTACULAR NATURAL BEAUTY IN THE DENSE MOUNTAIN RAINFOREST COVERING LARGE PARTS OF THE CONSERVATION AREA. THE FORESTS WILL STAY LUSH AND GREEN FOR MOST OF THE YEAR OFFERING IDEAL WALKING OPPORTUNITIES. ADD THIS TREK TO ANY SAFARI FROM LAKE MANYARA OR NGORONGORO AS A 3 DAY ITINERARY, OR FROM ARUSHA.

ITINERARY

DAY 1:

ARRIVAL - MT. MAKAROT

ON ARRIVAL AT KILIMANJARO INTERNATIONAL AIRPORT YOU WILL BE MET BY REGIONAL AIR AND WILL CONNECT WITH THE SCHEDULE SERVICE TO MANYARA AIRSTRIP. HERE YOU WILL BE MET BY YOUR DRIVER/GUIDE AND A PRIVATE SAFARI VEHICLE AND PROCEED, WITH PICNIC LUNCHESES, TO THE NGORONGORO CONSERVATION AREA AND ON TO THE NGORONGORO HIGHLANDS. EITHER RELAX AT CAMP OR TAKE A SHORT MAASAI GUIDED CULTURAL WALK. OVERNIGHT MAKAROT BASE CAMP (3000M) (FULL BOARD).

MT MAKAROT BASE CAMP - ADVENTURE CAMPING

DAY 2:

MT. MAKAROT

AFTER BREAKFAST, BEGIN THE WALKING TOUR ESCORTED BY INDIGENOUS MAASAI TRIBESMEN AND THEIR DONKEYS TO THE TOP OF MT. MAKAROT. THE WALK OFFERS SPECTACULAR VIEWS OF THE CRATER HIGHLANDS AND THE SERENGETI TO THE WEST AND GIVES AN OPPORTUNITY TO ENCOUNTER SOME OF THE LOCAL MAMMALS AND BIRDS WHILE WALKING. ARRIVE AT MAKAROT TOP CAMP WHERE STUNNING VIEWS TOWARDS LAKE EYASI, THE NGORONGORO CRATER AND CONSERVATION AREA, THE OLDUVAI GORGE AND THE SERENGETI PLAINS CAN BE OBSERVED. OUR ADVENTURE CAMP WILL BE SET UP FOR DINNER AND OVERNIGHT AT THE EDGE OF FOREST (FULL BOARD).

TOP OF MT MAKAROT

DAY 3:

OLDUVAI

WE DEPART AFTER BREAKFAST FROM OUR LEMAGRUT MOUNTAIN HIDEOUT AND DESCEND TOWARDS THE OPEN SERENGETI PLAINS. WALKING ACROSS OPEN GLADES INHABITED BY LOCAL MAASAI. WE ENTER THE ACACIA COVERED STEPPE NEAR TO THE SMALL OLDUVAI GORGE. HERE, AT THE 'CRADLE OF MANKIND' WE WILL SPEND THE NIGHT AT OUR OLDUVAI CAMP WHILE THE SUNSETS OVER THE SERENGETI TO THE WEST. OVERNIGHT LITTLE OLDUVAI CAMP (FULL BOARD).

ITINERARY

TREKKING MT MAKAROT FROM THE SERENGETI
DAY 4:
OLDUVAI - SERENGETI NATIONAL PARK
AFTER BREAKFAST DEPART ON AN EARLY MORNING
GAME DRIVE FOR THE SERONERA AIRSTRIP TO CONNECT
WITH THE REGIONAL AIR SCHEDULE FLIGHT TO ARUSHA
ARRIVING 12:00. (BREAKFAST ONLY).



MASAI GUIDE



MASAI GUIDE



SUPPLY / ESCORT VEHICLE

BIKE SAFARI MESERANI

DAY 1: ARUSHA, BIKE TO MESERANI VIA CULTURAL HERITAGE MARKET & KISONGO VILLAGE, DINNER AND OVERNIGHT, MESERANI CAMPSITE. (D)

DAY 2: AFTER BREAKFAST SNAKE PARK TOUR & CAMEL SAFARIS IN MESERANI, LUNCH AND BIKE BACK TO ARUSHA(B,L).

BIKE SAFARI

ENGARESERO

BIKING TOUR TO THE BABOON CAVES, ORPUR CAMPS, LAKE SHORE AND TO THE FOOTPRINTS (3HOURS)

ONE STARTS AT THE CBO OFFICE THEN PROCEED TO THE BABOON CAVES. ENJOY THE RIDE WITHIN THE GORGES OF A SMALL RIVER FOR A COUPLE OF MINUTES. AFTER EXPLORING THE ORPUR THEN TAKE SHORE BIKE RIDE DOWN TO THE LAKE SHORE FOR A BIRD WATCHING EXPERIENCE. ENJOY THE LAKE SCENERY AND PROCEED WITH A RIDE TO PETRIFIED HISTORIC FOOTPRINTS OF OUR ANCESTORS (120,000 YEARS OLD) WHERE THE TOUR ENDS FOR THE PICNIC LUNCH AT THE LAKE SHORE/HOT LUNCH AT YOUR LODGE/CAMP. RIFT VALLEY ESCARPMENT TOUR-EMBALULU CRATER-LEPARAKASH PLAINS (FROM THE FLOOR TO THE ROOF THEN BACK). (3-4 HOURS)

THE TOUR STARTS FROM THE CBO OFFICE THEN WALK UP THE RIFT VALLEY ESCARPMENT. THE SLOPE OF THE ESCARPMENT IS CHALLENGING BUT PEOPLE DO MANAGE. AT THE EMBALULU POINT ENJOY A PAN-ORAMIC BREATH TAKING VIEW OF THE LAKE NATRON, ENGARESERO MAASAI VILLAGE, OLDONYO LENGAI AND OTHER VOLCANIC FEATURES FOUND IN THIS ACTIVE VOLCANIC AREA. ASTONISHING VIEW OF EMBALULU CRATER WILL PRINT A MEMORY IN YOUR MIND BY ITS BEAUTY. PROCEED TO LEPARAKASH PLAINS WHERE ONE WILL GET TO KNOW THE MAASAI' S LIVESTOCK KEEPING ACTIVITIES UNDERTAKEN ON THESE PASTURES. LEPARAKASH.

EXTENDED BIKING TOUR (3-5 HOURS)

BIKERS COMING FROM SERENGETI KLEIN' S GATE/N-GORONGORO CONSERVATION AREA HAVE AN OPPORTUNITY TO LEAVE BACK THEIR 4X4 SAFARI VEHICLE AND START BIKING FROM MASUSU WHERE OUR PROFESSIONAL BIKING GUIDES WILL MEET THEM AND RIDE DOWN THE BEAUTIFUL VALLEYS AND GORGES OF THE RIFT VALLEY TO ENGARESERO VILLAGE/LAKE NATRON. IT' S YOUR TIME TO EXERCISE AFTER SEATING ON SAFARI VEHICLE FOR A COUPLE OF DAYS/HOURS.

BIKE SAFARI LAKE MANYARA

BIKING TO LAKE MANYARA (2-5HOURS)

BIKE TO THE COAST OF ONE OF AFRICA' S MOST MAJESTIC LAKE AND GET AN AMAZING OPPORTUNITY TO VIEW WILDLIFE LIKE ZEBRAS, GIRAFFES, HIPPOS AND BUFFALOES AT CLOSE RANGE IN THIS CORRIDOR OF MIGRATION BETWEEN THE NATIONAL PARKS.

BIKE SAFARI

ILIKIDING' A VILLAGE

ILIKIDING' A IS ON THE HIGHER SLOPES OF MOUNT MERU ABOUT 7 KMS NORTH OF ARUSHA TOWN AND OFFERS A VIEW INTO THE CULTURE OF THE WA-ARUSHA TRIBES.

WALKS ACROSS THESE VILLAGES PROVIDE IMPRESSIVE VIEWPOINTS AND INCLUDE CLIMBING HILLS AND HAVING RIVERSIDE PICNICS.

TOURS OF ILIKIDING' A INCLUDES A VISIT TO CRAFTSMEN MAKING THE TRADITIONAL MAASAI SWORDS AND CALLING AT TRADITIONALLY BUILT HOMESTEADS TO GET AN IDEA OF HOW EXTENDED FAMILIES LIVE TOGETHER.

TOUR OF ILIKIDING' A OFFERS A WALK THROUGH COFFEE PLANTATIONS AND OPEN FIELDS WHERE POTATOES, CABBAGES, MAIZE, BEAN AND OTHER CASH CROPS ARE CULTIVATED BY THE VILLAGERS.

TOUR TO ILIKIDING' A WILL HAVE PLEASURE IF IMPRESSIVE VIEWPOINTS OVERLOOKING ARUSHA TOWN, HIKING ALONG NARROW FOOTPATHS, CROSSING A CANYON AND CLIMBING SMALL HILLS.

YOU CAN TAKE A HALF DAY TOUR OR FULL DAY TOUR. A FURTHER OPTION IS AN 8HRS WALKING TRIP FROM ARUSHA TO THE STARTING POINT, WHERE YOU CONNECT WITH THE FULL DAY TOUR.

BIKE SAFARI NGIRESI VILLAGE

NGIRESI IS A VILLAGE OF THE WA-ARUSHA TRIBE AND OFFERS GUIDED TOURS TO THE LUSH SLOPES OF MOUNT MERU. TOURS TO NGIRESI HIGHLIGHTS THE STRUGGLE OF THE PEOPLE PROJECTS LIKE SOIL CONSERVATION, IRRIGATION, CROSS-BREEDING AND THE USE OF BIO-GAS. NGIRESI IS ABOUT 7KMS FROM ARUSHA TOWN.

INCLUSIVE OF: START & FINISH FROM SUNNY SAFARIS OFFICE, VILLAGE FEES & GUIDE FEES.

EXCLUSIVE OF: TIPS, DRINKS, LUNCH, ITEMS OF PERSONAL NATURE/USE WITH PERSONAL AND LUGGAGE INSURANCE.

ON REQUEST CAN ARRANGE FOR LUNCH BOXES AT USD 15 PER PERSON.

LUNCH CAN ALSO BE ARRANGED ON REQUEST WITH LOCAL MASAI VILLAGE FROM \$10 - \$20 PER PERSON.

BIKE SAFARI

MULALA VILLAGE

THE MULALA VILLAGE IS A TYPICAL RURAL SETTING ON THE SOUTHERN SLOPES OF MOUNT MERU AND SURROUNDED BY SPECTACULAR SCENERY. IT LIES 1600 – 1700M ABOVE SEA LEVEL AND YOU WIND YOUR WAY UP THE MOUNTAIN THROUGH A MAZE OF LUSH, GREEN VEGETATION DOTTED WITH SMALL FARMS.

THE WOMEN OF MULALA HAVE UNLITED IN THE FORM OF THE AGAPE WOMEN' S GROUP. THROUGH THIS GROUP, THEY TRY TO SUPPORT ECONOMIC ACTIVITIES IF THE MEMBERS AND START NEW INCOME-GENERATING PROJECTS, LIKE THE MULALA CULTURAL TOURISM PROGRAMME. WHEN YOU ARRIVE THERE, YOU WILL BE WARMLY WELCOMED BY THE VILLAGE WOMEN.

A TOUR OF MAMA ANNA' S QUAIN T CHEESE MAKING UNIT, THIS BEING THE STARTING POINT OF THE TOUR. A NICE GARDEN WHERE YOU CAN RELAX AND ENJOY A BEVERAGE OR A SIMPLE, TRADITIONAL MEAL. GUIDED TOURS CRISS CROSSING COFFEE AND BANANA FARMS, WALKING THROUGH THE FOREST RESERVE OR BY THE MARISHA RIVER BANK AND ENJOYING SPECTACULAR VIEWS OF MT.MERU & MT.KILIMANJARO.



BIKE SAFARI

GENERAL TIPS FOR THE CLIMBERS

- PHYSICAL FITNESS

ALTHOUGH KILIMANJARO IS NOT A TECHNICAL MOUNTAIN CLIMB, IT IS A MAJOR CHALLENGE AND THE RIGORS OF ALTITUDE SHOULD NOT BE UNDERESTIMATED. REMEMBER THAT UHURU PEAK IS 500M HIGHER THAN EVEREST BASE CAMP!! THE PACE OF YOUR ASCENT COUPLED WITH GOOD ACCLIMATIZATION WILL HELP YOU ON THE CLIMB BUT IT IS ESSENTIAL TO BE MENTALLY AND PHYSICALLY PREPARED BEFORE YOU START. REGULAR HIKES ARE ONE OF THE BEST WAYS TO PREPARE, INCREASING FREQUENCY AND LENGTH, AS YOU GET CLOSER TO THE TREK. ALL AEROBIC EXERCISES SUCH AS CYCLING, RUNNING, SWIMMING AND FUNNILY ENOUGH AEROBICS ARE GOOD FOR STRENGTHENING THE CARDIOVASCULAR SYSTEM. GENERALLY, ANY EXERCISE THAT INCREASES THE HEART RATE FOR 20 MINUTES IS HELPFUL BUT DON' T OVER DO IT JUST BEFORE THE CLIMB.

- ALTITUDE AND ACCLIMITIZATION

ALTITUDES ARE GENERALLY DEFINED AS FOLLOWS:-

- HIGH ALTITUDE 2,400M – 4,200M
- VERY HIGH ALTITUDE 4,200M – 5,400M
- EXTREME ALTITUDE ABOVE 5,400M (UHURU PEAK IS 5,895M)

DURING THE TREK IT IS LIKELY THAT ALL CLIMBERS WILL EXPERIENCE AT LEAST SOME FORM OF MILD ALTITUDE SICKNESS. IT IS CAUSED BY THE FAILURE OF THE BODY TO ADAPT QUICKLY ENOUGH TO THE REDUCED LEVEL OF OXYGEN IN THE AIR AT AN INCREASED ALTITUDE. THERE ARE MANY DIFFERENT SYMPTOMS BUT THE MOST COMMON ARE HEAD-ACHES, LIGHT-HEADEDNESS, NAUSEA, LOSS OF APPETITE, TINGLING IN THE EXTREMITIES (TOES, FINGERS) AND A MILD SWELL OF ANKLES AND FINGERS.

THESE MILD FORMS ARE NOT SERIOUS AND WILL NORMALLY DISAPPEAR WITHIN 48 HOURS.

C. PERSONAL FIRST AID KIT

THE FOLLOWING FIRST AID MATERIALS ARE IMPORTANT: -

- PAINKILLERS (ASPRIN/PARACETAMOL)
- ANTIHISTAMINES
- BLISTER TREATMENT
- IMODIUM OR OTHER ANTIDIARRHOEAL TABLETS
- PLASTER/BAND AIDS
- ANTISEPTIC WIPES
- DRESSINGS, ESPECIALLY PRESSURE RELIEF FOR BLISTERS
- TALCUM POWDER
- MALARIA TABLETS
- SUN BLOCK FOR SKIN AND LIPS
- ANTACIDS
- COLD CURE SACHETS
- ORAL REHYDRATION SALTS/SACHETS
- INSECT REPELLENT
- SANITARY TOWELS
- ETC.

- OTHER HEALTH TIPS

ALL CONTACT LENS WEARERS SHOULD TAKE CARE TO REMOVE THE LENSES AT NIGHT, AS THE EYE NEEDS TO ABSORB OXYGEN FROM THE ATMOSPHERE. THE RAREFIED CONDITIONS OF ALTITUDE REDUCE OXYGEN LEVELS AND IN EXTREME CASES A CORNEAL OEDEMA CAN DEVELOP.

- EMERGENCY EVACUATION

IN THE EVENT OF AN EMERGENCY ON THE MOUNTAIN THE RESCUE TEAM PLUS ONE OF THE ASSISTANT GUIDES WILL DESCEND WITH THE CASUALTY TO THE PARK GATE. AT THE GATE THE CASUALTY WILL BE TAKEN CARE AND THE NECESSARY ARRANGEMENTS WILL BE DONE.

- PHOTOGRAPHY

CAMERAS WHETHER VIDEO OR FILM, NEED TO BE PROTECTED AGAINST THE SEVERE COLD WEATHER EITHER IN WARM POUCH OR THE INTERIOR POCKETS OF YOUR CLOTHING. DO NOT KEEP IN YOUR BACKPACK AT HIGHER ELEVATIONS. A SELECTION OF LENSES WILL AID THE FINAL RESULTS ALTHOUGH WEIGHT AND BULK WILL OBVIOUSLY INFLUENCE YOUR SELECTION. A POLARIZED OR NEUTRAL DENSITY FILTER IS RECOMMENDED, AS IS SLIDE FILM RATHER THAN PRINT. BRING YOUR OWN FILM AS IT CAN BE HARD TO FIND AND EXPENSIVE IN TANZANIA.

FOR DIGITAL EQUIPMENT, CHECK WITH THE MANUFACTURER' S SPECIFICATIONS FOR TEMPERATURE RANGE (ESPECIALLY BATTERY LIFE), WATER TIGHTNESS AND GENERAL HARDINESS.

ESSENTIAL PACKING LIST FOR MOUNTAIN CLIMBING

- BACKPACK / DUFFLE BAG (WEIGHING MAX 15 KG)
- SLEEPING BAG (WARM)
- BUSH FLEECE / JACKET
- SAFARI BOOTS
- SANDAL / SLIPPERS
- NECK SCARF
- PORTABLE TORCH/FLASHLIGHT
- INSECT REPELLENT
- SUNGLASSES
- HAT FOR SUN PROTECTION
- SWISS ARMY KNIFE
- SAFARI-WEAR LIGHT-WEIGHT COTTON SHIRTS, SHORTS & LONG TROUSERS
- T-SHIRTS

MISCELLANEOUS

- TOILETRIES
- SUNSCREEN LOTION
- LIP BALM
- NOTE BOOK AND PENCIL
- HAND SANITIZER
- SWISS KNIFE
- CELL PHONE
- TOILET PAPER
- CAMERA WITH ZOOM LENS
- CAMERA BATTERY CHARGER + EXTRA BATTERY
- MEMORY CARD FOR YOUR CAMERA (EXTRA)
- PAIR OF BINOCULAR
- CHRONOGRAPHIC WATCH
- PRESCRIPTION MEDICINES
- FIRST AID KIT:
 - ANTI-MALARIAL PROPHYLACTICS,
 - ASPIRIN OR PARACETAMOL FOR PAIN OR FEVER,
 - ANTI-HISTAMINE FOR ALLERGIES, INSECT BITES OR STINGS,
 - COLD OR FLU TABLETS AND THROAT LOZENGES,
 - DIARRHOEA MEDICINE
 - ORAL RE-HYDRATION SOLUTION FOR DIARRHOEA AND SUNSTROKE
 - DISPOSABLE GLOVES
 - EYE DROPS.
 - CALAMINE LOTION,
 - BURN DRESSINGS
 - ALCOHOL SWABS TO CLEAN MINOR WOUNDS, ELASTIC GAUZE BANDAGES AND STICKING PLASTERS.
- EMERGENCY BLANKET
- SCISSORS AND TWEEZERS, KIT CONTAINING SYRINGES AND NEEDLES.

NB: OUR GAME VIEWING VEHICLES ARE SAFARI EQUIPPED WITH POWER INVERTERS " INVERTERS CONVERT 12 VOLTS OF DC BATTERY POWER IN VEHICLE TO 230 VOLTS OF AC POWER."

ESSENTIAL INFORMATION AND DOCUMENTATION

ENTRY TO TANZANIA

- YELLOW FEVER VACCINATION IS COMPULSORY IF ON TRANSIT FROM OTHER EAST AFRICAN COUNTRIES TO TANZANIA, FOR DIRECT ARRIVALS THERE IS NO NEED FOR A SHOT. NOTE: IMMUNIZATION PAPERS ARE MUST AT ENTRY,

TENT ACCOMMODATION

- 3 X 3M DOME SHAPED 2 MEN TENT WITH VENT, SPECIALLY DESIGNED FOR OUR CAMPING SAFARI,

CAMPSITE AMENITIES

- WILDERNESS SPECIAL CAMPSITES ARE WITHIN THE GAME PARKS, SELECTED FOR PRIVATE USE ONLY,
- AGE RESTRICTED FOR SAFARI, YOUNG ADULT 16 - 18 YEAR OF AGE ARE WELCOME,
- WE CATER FOR SPECIAL DIETARY IF ANY, VEGETABLES, MEATS AND FRUITS ARE PROVIDED,

ACTIVITIES

- SUNNY SAFARIS GUIDES ARE FULLY TRAINED, ALL OF WHOM ARE EAGLE-EYED EXPERTS WHEN IT COMES TO SPOTTING AND IDENTIFYING FLORA AND FAUNA,

PRICE INCLUDES

- VEHICLE 4W-DRIVE, FUEL, DRIVER GUIDE, CONSERVATION FEES, CAMPING FEES, COOK, ALL MEALS, AND CAMP FURNITURE,

PRICE EXCLUDES

- TIPS, DRINKS, PERSONAL/LUGGAGE INSURANCE AND ALL ITEMS OF PERSONAL NATURE USE,

WEATHER & CLIMATE

- NORTHERN CIRCUITS TEMPERATURE VARIES 13°C TO 30°C, NOTE: APRIL, MAY, NOVEMBER AND DECEMBER IS RAINY SEASON,

AGENTS

- TOUR OPERATORS AND TRAVEL AGENTS ARE OFFERED OUR NET RATES (COMPETITIVE AND DISCOUNTED) TO PROMOTE AND EASY SALE, FOR MORE INFORMATION PLEASE E-MAIL INFO@SUNNYSAFARIS.COM

TRAVEL DOCUMENTATION

- A VALID PASSPORT IS A REQUIREMENT, DATE OF EXPIRY SHOULD NOT BE LESS THAN 6 MONTHS,
- VISAS CAN BE OBTAINED ON ARRIVAL AT THE PORT OF ENTRY TO TANZANIA (THESE DEPENDS ON YOUR NATIONALITY,)
- AIRLINE TICKET,
- TRAVEL INSURANCE,
- YOUR EMBASSY CONTACTS IN TANZANIA,

INSURANCE COVER

- WE STRONGLY SUGGEST ONE AND ALL OF OUR GUESTS TO HAVE MEDICAL AND LUGGAGE INSURANCE COVER FROM HOME COUNTRY,

NB: FIRST AID AT LOCAL HOSPITALS IN TANZANIA IS FINE, FOR MAJOR PROBLEM (TREATMENT) NEIGHBOURING COUNTRY NAIROBI KENYA IS MORE ADVANCE. THERE ARE REGULAR FLIGHTS OUT OF JULIUS NYERERE INTERNATIONAL AIRPORT DAR-ES-SALAAM AND KILIMANJARO INTERNATIONAL AIRPORT, AND FROM NAIROBI KENYA.

BOOKING, AMENDMENT, CANCELLATION AND REFUND POLICIES

BOOKING POLICY

- A PROVISIONAL RESERVATION CAN BE HELD FOR A MAXIMUM OF 14 DAYS, THESE DEPENDS ON THE TIME OF THE YEAR, FIRM BOOKINGS A DEPOSIT IS REQUIRED CALCULATED AT 50% OF THE TOTAL TRIP COST, BALANCE IS DUE 30 DAYS PRIOR TO DATE OF DEPARTURE,

AMENDMENT POLICY

- THESE ENTIRELY DEPENDS ON THE AVAILABILITY OF THE SERVICES RESERVED, LAST MINUTE CHANGE MAY RESULT TO AN ADDITIONAL CHARGES,

CANCELLATION POLICY

- IN THE EVENT OF CANCELLATION NOT LATER THAN 61 DAYS PRIOR TO COMMENCEMENT DATE OF THE SAFARI TRIP WILL RESULT TO A CANCELLATION FEE OF 100%, IN ANY CASE OF A REFUND, ALL BANK CHARGES MUST SETTLED DIRECTLY BY THE CLIENT,

REFUND POLICY

- SERVICES LISTED ON CONFIRMED BOOKINGS IF NOT PROVIDED BY THE COMPANY, SUNNY SAFARIS SHALL COMPENSATE AND OR UP GRADE TO A BETTER ONE IMMEDIATELY,



CONTACT

SUNNY SAFARIS LTD

ARE "PURE" TANZANIAN BASED TOUR OPERATOR, OUR TOWN OFFICE IS LOCATED ALONG COL. MIDDLETON ROAD / STADIUM ROAD, OPPOSITE GOLDEN ROSE HOTEL, AND OUR HQ OFFICE/WORKSHOP IS LOCATED IN NJIRO BLOCK F, ENGUTOTO ABOUT 14 KM FROM CLOCK TOWER (CITY CENTRE),



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